University of Wisconsin Eau Claire

Study Abroad

Faculty-Led Immersion

Math/Physics in Winchester, England
Summer 2018

Program Guide
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CONGRATULATIONS on being accepted to the UW-Eau Claire study abroad program: Math/Physics in Winchester, England during Summer 2018! Living and studying in a foreign culture is both an exciting and a challenging experience. Past participants of study abroad report that the many advantages of international study include:

- Building upon existing foreign language skills
- Gaining new perspectives on a chosen academic field
- Increasing understanding of different cultures
- Enhancing personal development
- Developing different perspectives on U.S. culture
- Gaining self-confidence and independence
- Learning skills for the future international job market

It is up to you to determine how you can best benefit from these possible advantages. This is your adventure!

This program guide is to be used together with the Faculty-Led Study Abroad Handbook that you also received prior to orientation. The Handbook has information that is valid for all study abroad programs. This guide will provide you with specific information for the Public History in England summer program. It is designed to complement the SA Handbook, study abroad orientation, and your individual pre-departure preparations.

Please realize that, although this guide contains all of the information available at the time of printing, it is impossible for any single resource to answer all of your questions. Please contact the Intercultural Immersions staff and/or your faculty leaders with your specific questions. You should also make use of the additional written and web resources listed towards the end of this guide.

Basic questions only you can answer include:

1) What are YOUR goals for this experience? Common goals of student travelers include advancement in a future profession; desire to expand personal and academic horizons; need for a change; wish to challenge oneself with immersion in a new culture.

2) Given the way the program is set up, how can you best prepare to meet your goals? For example, if one of your goals is truly being immersed in English culture, yet you are going to England with a group of Wisconsin students, how can you ensure that you get out and interact with the local population?

The information in this guide was current at the time of printing, though changes may occur at any time.
**GENERAL INFORMATION**

**The Program**
This is a 4-week, hands-on course designed to provide a survey of linked topics in Mathematics and Physics: Differential Equations, Differential Geometry and the theories of Special and General Relativity. The main objectives are to offer an interdisciplinary course to STEM students that integrates the subject in the historical and modern context of the United Kingdom. The United Kingdom has played and continues to play a large role in the development of large areas of mathematics and physics. The program aims to infuse the key academic concepts within math and physics with the historical and cultural contexts of the developments of these key concepts. Through these methods, students will gain an appreciation of the collaborative (within institutions and as well among countries) nature of the sciences as well as the long-term spread and development of ideas.

**The Location**
The program location is the University of Winchester in England. It is located centrally in the UK, making travel to a variety of locations for the weekly field trips accessible. Students will connect better to the concepts discussed in the class if they are able to visit the locations where key scientists discussed in the syllabus lived and worked. During guided excursions to nearby sites, we will arrange to have the guides connect the tour experience with topics relevant to our course: Differential Equations, Differential Geometry, General Relativity and Cosmology, the History and Philosophy of Science.

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**Tentative Program Calendar**
*Please do not book your international flight until after orientation on March 10th.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 7</td>
<td>Students depart from USA</td>
</tr>
<tr>
<td>July 8</td>
<td>Arrive Heathrow Airport, London</td>
</tr>
<tr>
<td>July 9-12</td>
<td>Class at Winchester</td>
</tr>
<tr>
<td>July 13-15</td>
<td>Travel to Cambridge</td>
</tr>
<tr>
<td>July 16-19</td>
<td>Class at Winchester</td>
</tr>
<tr>
<td>July 20-22</td>
<td>Travel to London</td>
</tr>
<tr>
<td>July 23-26</td>
<td>Class at Winchester</td>
</tr>
<tr>
<td>July 27</td>
<td>Travel to Jodrell Bank</td>
</tr>
<tr>
<td>July 28-29</td>
<td>Free weekend</td>
</tr>
<tr>
<td>July 30-Aug 2</td>
<td>Class at Winchester</td>
</tr>
<tr>
<td>August 3</td>
<td>Program ends/Depart</td>
</tr>
</tbody>
</table>

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**ACADEMICS**
There is additional information on academic topics such as registration, class attendance, credits and course load, grades, and transcripts in your Study Abroad Handbook.

**Program Prerequisites**
To participate in this immersion program, you must be in good academic standing and have the minimum 2.3 GPA required. We check grades at the end of the spring semester prior to departure. If you are on probation, we will need to check with the faculty leader to see if you will be allowed to participate. If you have been suspended, you will not be allowed to participate in the program.

**Pre-departure Orientation & Coursework While Abroad**
Attendance at the March 10th orientation is required. There will be some other mandatory meetings in the spring, and times and days will be announced by your Faculty Leader.
Upon successful completion of the program, you will earn 4 credits of **Math/Physics 491: Differential Equations, Geometry, Special and General Relativity**.

For students in catalog years through 2015-16, MATH/PHYS 491 fulfills 4 credits of Foreign Culture upon successful program completion (students earning a B.A., B.F.A. or B.M degree in the College of Arts & Sciences cannot use study abroad to fulfill their foreign language/foreign culture requirement. See the university catalog for details).

For students in catalog years 2016-17 and later, MATH/PHYS 491 fulfills the Responsibility Outcome 2 (R2): Global Perspectives requirement upon completion of all course assignments.

Students will complete assignments while you are traveling that require working individually and in groups. **Class attendance and participation in orientation, the spring meetings, and in-country lectures and excursions while in England is required of all students.**

**Credits and Grades**

Credits earned abroad on this program are considered UW-Eau Claire resident credits, and the grade will be figured into your GPA. You cannot take any credits pass/fail.

The UW-Eau Claire Faculty Leaders will issue grades for the course using the usual UW-Eau Claire A-F grading scale. Grades are typically not available until late summer after you have submitted your final assignment.

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**MONEY MATTERS**

Information about how payments are made, when they are due, withdrawal/refund deadlines, financial aid, scholarships, budgeting, and ways to bring money abroad is in your Study Abroad Handbook.

### Estimated Costs Paid to UW-Eau Claire

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition/Fees (WI res, 4 credits)</td>
<td>$1,430</td>
</tr>
<tr>
<td>Program Fee</td>
<td>$3,000</td>
</tr>
<tr>
<td>Application Fee</td>
<td>$30</td>
</tr>
<tr>
<td>Total</td>
<td>$4,460</td>
</tr>
<tr>
<td>FLIIIE Funding</td>
<td>-$2,000</td>
</tr>
<tr>
<td><strong>Total Estimated Cost Paid to UWEC</strong></td>
<td><strong>$2,460</strong></td>
</tr>
</tbody>
</table>

The estimate is based on a Wisconsin undergraduate Wisconsin resident charge for summer 2018. Minnesota students add reciprocity; non-residents will pay non-resident tuition; graduate/MBA students will pay graduate/MBA tuition.

### Estimated Additional Costs

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals</td>
<td>$850</td>
</tr>
<tr>
<td>Personal expenses</td>
<td>$300</td>
</tr>
<tr>
<td>Passport/Photos/Mailing</td>
<td>$135</td>
</tr>
<tr>
<td>International Airfare (MSP to London)</td>
<td>$1,200</td>
</tr>
<tr>
<td><strong>Total Additional Estimated Costs</strong></td>
<td><strong>$2,485</strong></td>
</tr>
</tbody>
</table>

### Total Cost Estimate

If you add up everything you will pay to UW-Eau Claire, and estimated additional costs, the total comes to **$4,945 for an undergraduate UWEC student**. This cost is based on twelve student participants. **All costs are estimated and may change due to exchange rate fluctuations and/or participant numbers.**
Program Fee: What does it cover?
- In-country transportation between cities
- Cultural and academic visits to historical sites included in itinerary
- Housing at Winchester and at hostels in shared bedrooms for excursions
- International travel insurance with CISI

Souvenirs & Personal Travel
The amount of personal funds to cover souvenirs and personal travel will vary based on your shopping habits, off-program entertainment, personal spending habits, etc. We do not expect you will spend a lot on personal travel as you have limited opportunities to travel during the program due to a full calendar, though you might have time before or after the official program dates.

FLIIE Funding
This program is supported by Blugold Commitment FLIIE Funding for undergraduate UWEC students. While students are encouraged to participate in multiple high-impact immersion programs, each student is eligible to receive BCDT funding for only one FLIIE experience. Graduate and non-UWEC students are not eligible to receive this funding. Blugold Commitment funding is not able to cover the costs of tuition, but will include $2000/student towards the program fee in 2018.

Program Refunds from UW-Eau Claire
The $30 application fee is non-refundable. The $150 deposit is non-refundable except in the case of a documented medical or family emergency.

The withdrawal deadline for the program is March 1. No refunds are available after March 1, and if you withdraw after March 1, you will be required to pay all program costs and any funds already committed on your behalf, up to the full program cost. All withdrawals must be in writing.

Undergraduate students who withdraw will lose their FLIIE funding. As such, they will be expected to pay ALL non-refundable program costs paid to UW-Eau Claire. A student who withdraws after the refund deadline would be responsible for paying the $3000 estimated cost, which is the true cost of the program without the FLIIE subsidy. FLIIE program support is based on student enrollment and can only benefit students participating in the program.

Currency Exchange
The exchange rate as of February 2018 was $1 US = 0.7 British pound. You can find current exchange rates at http://www.oanda.com/currency/converter/

Credit Cards
In addition to the information on credit cards in your Study Abroad Handbook, you should be aware that credit cards usually need a chip and pin in the UK. Also, consider getting a credit card which does not charge a foreign transaction fee.

ATMs: Credit/Debit Card Use
24-hour ATMs are plentiful in the large cities you will be traveling to. The most commonly accepted U.S. cards are Visa and MasterCard. You can also draw cash as soon as you land at the airport. You should compare the international transaction fee charged by your different banks; the fee can range from 1-3%. Some travelers have reported ATMs snatching back money if you don't remove it within around 30 seconds; others have reported having to wait 30 seconds or more for the funds to be released from the machine.
**Financial Aid**

To receive summer financial aid, you must be enrolled for at least six credits during the 11-week interim/summer period. England students earn four credits on the program.

At four credits, you are considered "less than half-time". Consequently, room and board expenses cannot be considered in your financial aid budget. Less than half-time students are also not eligible for a Direct Ford Loan, but they may be considered for a Perkins Loan.

If financial aid eligibility is an important factor in your study abroad budget, you may wish to enroll for an additional two or more credits on campus or online during the 2018 summer session.

With at least six credits, you have "half-time or more" status for aid. Room and board can then be considered in your budget, and you may be eligible for a Direct Ford Loan. Consult the Financial Aid Office if you have questions about summer financial aid for study abroad.

There are very few required vaccinations for travelers anywhere in the world. Requirements can only be placed by the government of the country, and because such requirements often discourage tourists, governments are reluctant to establish them. CDC recommendations should be taken very seriously. However, since many of the recommendations depend on the type of travel you anticipate doing, or the length of time you are staying, you need to meet with a doctor to determine what's best for your individual situation.

UW-Eau Claire's Student Health Services offers immunizations (IG, tetanus, Hepatitis B, etc.) and health education on international travel for a small fee. Tel. (715) 836-5360.

Often, your health insurance will cover the cost of immunizations. If your immunizations are not covered by your health insurance and you receive financial aid, you may want to meet with the Office of Financial Aid to inquire if these can be added to your total financial aid budget.

**BSE (Mad Cow Disease)**

In some parts of the world, cattle can get an infectious, fatal brain disease called Mad Cow Disease. In these same locations, humans have started to get a new disease called variant Creutzfeld-Jacob Disease (vCJD) which is also a fatal brain disease. Scientists believe that vCJD is Mad Cow Disease that has somehow transferred to humans, possibly through the food chain.

As you may be aware, Mad Cow Disease has been present in Britain for quite some time. The general advice if you are concerned about Mad

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**HEALTH & SAFETY**

*In addition to the general information in the Study Abroad Handbook, you should be aware of the following health & safety information specific to the U.K.*

**Immunizations**

The CDC recommends that travelers to England discuss several routine vaccinations with a doctor at least 4-6 weeks prior to travel. You can find the list of vaccinations here: [https://wwwnc.cdc.gov/travel/destinations/traveler/none/united-kingdom](https://wwwnc.cdc.gov/travel/destinations/traveler/none/united-kingdom)
Cow is (1) avoid beef and beef products altogether, or (2) select beef or beef products that are solid pieces of muscle meat versus brains or beef products such as burgers and sausages. You can find more information at [http://www.cdc.gov/prions/bse/](http://www.cdc.gov/prions/bse/).

The American Red Cross has indicated that they will restrict the donation of blood in the United States from people who have spent (visited or lived) a cumulative time of three months or more in the United Kingdom (UK) from January 1, 1980, through December 31, 1996, or had a blood transfusion in any country (ies) in the (UK) from January 1, 1980 to present. Please note that these restrictions may change as more is known about Mad Cow Disease in humans. If you have question or concerns about your ability to give blood now or in the future, please contact the American Red Cross: [http://www.redcrossblood.org/](http://www.redcrossblood.org/).

**Intro to the British Health System**

You may be aware that the British health system does not have a very good reputation in the U.S. The system is actually very good; however, it operates under a different set of assumptions from the U.S. health system. U.S. students and their parents need to be aware of some of the major differences between the U.S. and British health systems.

1) **The British system is set up to favor those typically most in need of medical treatment:** infants/children, pregnant women, and the elderly. People in the traditional university age range are expected to be low users of the health system except in the case of accidents or serious illness.

2) In Britain, **medical professionals do not consider a common cold/sore throat to require medical attention.** Being sick with a cold for three-four days is considered normal at times and of no major concern in a person of college age.

3) **Antibiotics are very rarely prescribed in Britain.** British doctors point to research that shows that frequent use of antibiotics leads to mutation in germs, rendering the antibiotics useless. Antibiotics are therefore used to treat severe illness. If you use antibiotics regularly, you may wish to bring them with you.

**Emergency Contacts**

General emergency procedures are described in the *Study Abroad Handbook*, and the UW-Eau Claire faculty members will be available for consultation if difficulties arise. You will receive an emergency contact card at orientation with their cell phone numbers; be sure to keep it with you at all times. The information is also on the last page of this guide.

**Safety in England**

One thing to remember about safety in England is that they drive on the opposite side of the road, so **LOOK RIGHT!!** before crossing the street.

Detailed information on crime, road safety, drug penalties, and terrorist activity in the U.K. is included in the *State Department Consular Information Sheet*. It is highly recommended that you read through that information carefully before travel to the U.K. Safety will be discussed during orientation.

**Sexual Harassment & Assault**

**Harassment:** Female travelers have reported everything from staring, lewd and suggestive comments to catcalls and groping. Often these
incidents occur in crowded areas such as market places, bus/train stations, and public streets. Women travelers in England are advised to respect local dress and customs as a way to minimize harassment.

**Assault:** Crimes against women including rape have also been reported in various countries in Europe. Suggestions to maintain stringent security precautions include:

- Avoid public transport after dark without the company of known and trusted companions.
- Restrict evening entertainment to well-known venues.
- Avoid isolated areas any time of day.
- Keep your hotel room number confidential.
- Lock your hotel room and use deadlocks/door chains while in your room.
- Hire only reliable cars and drivers. Avoid traveling alone in cabs at night.
- Keep conversations with unknown men short—getting involved conversations with unknown men can be interpreted as a sign of sexual interest.

**REQUIRED DOCUMENTS**

*Passport and additional visa information is included in your Study Abroad Handbook.*

**Passport**

General passport information is found in your *Study Abroad Handbook*, but you will need a valid passport with an expiration date more than six months after the end of the program.

**Visa for the U.K.**

A visa is official permission to temporarily reside in another country and is granted by the government of that country. The Intercultural Immersions Team will provide you with information regarding entry requirements and visa regulations. **However, it is ultimately your responsibility to keep up-to-date about visa requirements for your host country.** Student visa information and updates for the U.K. are available at [http://ukinusa.fco.gov.uk/en/visiting-uk/visas](http://ukinusa.fco.gov.uk/en/visiting-uk/visas).

Effective March 31, 2009; individuals entering the U.K. to study are subject to new immigration requirements. U.S. citizens studying in the U.K. for a maximum of six months may enter the U.K. to study under two categories of visas: (Non-PBS) Student Visitor or PBS Tier 4 Student Visa.

**Student Visitor Visas**

As you are participating in a study abroad program sponsored by a U.S. institution, you can only enter the U.K. under the **Student Visitor Visa.** This category is for students who are 18 years or older who wish to study in the U.K. for 6 months or less. Under this category, students may not work (including internships, work-placement, or work-study, volunteer work, or any type of practical experience).

Students are not allowed to switch their status or extend their stay whilst in the U.K. U.S. nationals do not require a student visitor visa before arriving in the U.K. However, they must be prepared to show the following documents to the Immigration Officer at the airport:

1. A valid U.S. passport that will NOT expire while you are in the U.K.
2. Acceptance to a course of study at an accredited educational establishment (UW-Eau Claire will provide you with
letter documenting your participation in a study abroad program in May.)

3. Proof of the necessary funds to pay for your course fees and support yourself for the entire period you intend to stay. This can be in the form of scholarships, grants, or other financial aid award letters as well as bank statements in your name which are dated no more than one calendar month before you arrive in the U.K.

UW-Eau Claire will also provide you with a letter stating that tuition, room, and fees were paid prior to departure. You will receive this letter in May.

4. Proof of onward journey. You must demonstrate your willingness to leave the U.K. once your program of study is completed by showing return tickets or an itinerary with your name and information on them.

Upon satisfying the Immigration Official, you will receive a Student Visitor stamp/endorsement in your passport when you present your documents. If you travel outside the U.K. during your course of study, you must show the Immigration Officer your Student Visitor stamp/endorsement and the acceptance letter when re-entering the U.K.

For more information, please visit the UKBA site: [http://www.ukba.homeoffice.gov.uk/visas-immigration/visiting/student/](http://www.ukba.homeoffice.gov.uk/visas-immigration/visiting/student/)

Special note on arriving via Ireland. The U.K. Border Agency indicates that students arriving in the U.K. via Ireland should actively seek out an Immigration official upon arrival in the U.K. to ensure that their passport is stamped with the Student Visitor stamp/endorsement. We have learned from one of our U.K. partners that an Immigration Officer will NOT be present when students arrive in the U.K. via Dublin or other Irish cities. As such, students will not receive a stamp in your passport and will only be deemed to have three months leave to stay in the U.K. as a visitor. Visitors cannot switch to student status if they enter as a tourist. Therefore to avoid this problem, you must not enter the U.K. via Ireland.

If you are NOT a U.S. citizen, go to the following Website: [http://www.ukba.homeoffice.gov.uk/visas-immigration/do-you-need-a-visa/](http://www.ukba.homeoffice.gov.uk/visas-immigration/do-you-need-a-visa/) to find out if you need a visa and to download an application form if you do.

Visas for Travel to Other Countries

If you plan to travel outside of the U.K. while abroad, verify visa requirements for each country you will visit by contacting the nearest consulate for that country, or your travel agency. Most Western European nations do not require U.S. citizens to have a visa for tourist travel of less than three months.

Packing Tips

In addition to the general packing information in the Study Abroad Handbook, you should know the following about England.

Clothing & Weather

We recommend that you pack light, bringing comfortable casual clothing and good walking shoes. In June, July, and August, average temperatures range from 50 to 75 degrees F. Summers in England are cooler are than summers in Wisconsin, so you will need a sweater or two
and a light jacket. You should also expect rainfall.

You will be traveling together on trains that do not have a lot of space for luggage and the group will walk from train stations to your accommodations, so a small wheeled suitcase will probably serve you best. Please do not worry about fashion. The group will all be wearing the same clothes over again. You can do laundry at Winchester. If you bring old clothes that you decide not to bring home, you will have more room in your bag for souvenirs!

**Plan for all types of weather.** Bring an umbrella and a jacket as well as clothes that are comfortable in warmer weather.

For clothing, bring the minimum that you can mix and match and layer for both informal and formal occasions and for the variation in temperatures. You should plan to wear the same clothes more than once (or twice)!

We will be traveling by train, so remember to pack light! **All your belongings should fit into medium-sized suitcase with wheels or a travel backpack.** You will need to carry everything with you on and off the train, on public transits in the city, and up and down stairs at the hostel or hotels. There is very limited luggage space on trains. Please make sure that you are ready and able to carry everything that you pack.

**Specific Items to Pack**
The following is a partial list of recommended items to pack:

**Shoes/Socks:** Flip-flops for showers; good walking shoes (in addition to the ones you are wearing). Make sure all shoes are well broken in!

Make sure to bring socks so you stay warm when the temperature cools in the evening.

**Sleepwear:** Pajamas—something which you can wear going down the hall from your room to the bathroom, since you will rarely have a private bathroom in the hostels/hotels.

**Health:**
- Basic over-the-counter medications you typically use for headache or digestive disturbances.
- Sunscreen
- Band-Aids
- Any prescription medication, in original container
- Clear, legible copies of prescriptions, with generic name of drug, for any medicine that you are taking

**Personal Hygiene:** In addition to usual personal hygiene items, you will want to bring the following:
- Feminine hygiene products (different brands in Europe in general)
- Washbasin plug
- “Wet Ones” in envelopes
- Large plastic/cloth bag for dirty laundry
- Towels and washcloths, 1 light-weight, that will dry quickly (hostels do not always provide them for free)

**General Travel:**
- Day-pack (book bag) for short day trips
- Money belt
- A plastic ID holder is useful for multiple-use tram tickets etc. which need to be kept handy and pulled out quickly
- Plastic storage/sandwich bags for small articles
- Duct tape for emergency repairs
● Adapter for outlets
● A sewing kit (needle and thread), safety pins

**Appliances**
The standard electric current in Europe is 220 volts. U.S. appliances such as hair dryers and razors run on 110 volts. If you plan to bring these appliances, you will need to buy **both a converter and plug adapters for the various countries**. Travel hair dryers and razors, which are relatively inexpensive, usually are convertible and need only a plug adapter.

**Handy-Dandy Packing Tips**
Most students have a hard time thinking about what to bring for a whole month of traveling. The idea of fitting everything in a small bag for the train is a bit daunting. You may want to think of simply packing one week’s worth of clothing—nothing more—and then simply know that you will do laundry while you are there. You will learn to love the one pair of jeans that you bring and the other pair of nicer pants or the one skirt that you bring. Who cares if you have worn something almost every day; we are all in the same boat and I’m sure you will look marvelous—just like the rest of us!

Think of this trip as a bit like a camping trip: what would you take down the Grand Canyon if you had to carry it all on your back or carry it back up the Canyon with you? What is dead weight—what might you toss out on the way down and back up? I have never heard students say, “I wish that I had brought more t-shirts or more pairs of pants!” I always hear them say, “Ach!! My bag is sooooo heavy I wish I could dump a few things out!” Remember to pack light, plan to mix and match, and layer. Pack for cool weather, warm weather, and rainy weather. Keep in mind, you will have to carry your belongings.

Finally, you might want to be a bit more formal than you might normally be around campus. **Most people in Europe dress up a bit more.** Most Europeans do not wear short shorts. They usually consider sweatshirts to be extremely informal unless they are really stylish ones.

**ARRIVING IN ENGLAND**

**Fox Travel**
All students on faculty-led immersion programs sponsored through UWEC are required to purchase their international flights through Fox World Travel. Please contact a Fox World Travel agent (open 7:00am-5:30pm on weekdays) through one of the options below:

- Call toll-free 866-230-8787 (option 4)
- Email uwgroups@foxworldtravel.com with Group Code in subject line

Have ready:
- Name exactly as it appears on your passport
- Passport number and expiration date
- Credit card number to charge

**Travel Arrangements**
Travel arrangements are the responsibility of each student. The International Immersions Team encourages you to consider traveling with another program participant—a travel companion can make arrival in a new country safer and much less intimidating! You will have the opportunity to discuss travel arrangements with your fellow study abroad participants during orientation.
Students should fly into London Heathrow Airport. Faculty will meet students at the airport on July 8 (this means leaving the U.S. on July 7) and travel with you to Winchester. You should book a flight that arrives into London Heathrow by 1pm. Once you have bought your ticket and have received your itinerary, you need to provide a copy of the itinerary to the Intercultural Immersions Team prior to departure.

You can plan your return flight on August 3, but it is recommended that you depart after 12pm so you can get from Winchester back to London (or plan on traveling the night before if an earlier flight).

Whenever you buy your ticket, be sure it has a low cancellation fee; UW-Eau Claire will not reimburse students for tickets should the program be cancelled. You may wish to purchase travel or trip cancellation insurance when you purchase your ticket, in case your plans change unexpectedly. Discuss your options with your travel agent and be sure you know exactly what the policy covers. Many policies are very restrictive in what they will reimburse.

**LODGING AND MEALS**

During the program, you will stay at a few different types of accommodations including at Winchester and hostels and hotels while traveling. All costs for accommodations are included in your program fee which you will pay directly to UW-Eau Claire. Following are the names and Web sites of the hostels and hotels where the group will stay in summer 2018:

- **University of Winchester, King Alfred Campus (Burma Road)**
  - July 9 – August 2
  - [https://www.winchester.ac.uk/](https://www.winchester.ac.uk/)

- **Cambridge: YHA Cambridge**
  - July 13-14
  - [https://www.yha.org.uk/hostel/cambridge](https://www.yha.org.uk/hostel/cambridge)

- **London: Meininger Hotel Hyde Park**
  - July 20-22

**House Rules**

Winchester and the hostels have rules that guests are expected to follow. Please read the rules when you check into your hostels and hotels. As a group, you agree to follow the "house rules" as guests of Winchester and the hostels. Thank you for keeping this in mind while on the program.

Rules often include quiet hours, no smoking, and restriction of alcohol and/or food in rooms or on the premises, to name a few. You will be responsible for paying for any damages or fines incurred.

**Meals**

No meals are included in the program, but your housing at Winchester does include a small kitchen that you may use to cook in.

**COMMUNICATION**

Information on accessing/forwarding your UW-Eau Claire email address is in your Study Abroad Handbook.
**Time Difference**
The United Kingdom is six hours ahead of Eau Claire, WI.

**Telephone Information**

*From the U.S. to England:* You must first dial 011, which is the international dialing code. Next, you must dial 44 which is the country code to get U.K./England, and then the rest of the number to reach a specific city and location

*From England to the U.S.:* Dial 001+area code + number.

Students who have studied in the U.K. suggest these calling tips:

1) You can find some incredible deals on international, pre-paid calling cards. Be careful when choosing a calling card- there are sometimes hidden monthly maintenance fees that jack up the price of that too-good-to-be true per minute price. Also check out [www.1stphonecard.com](http://www.1stphonecard.com) for a variety of phone cards that boast no connection fee.

2) Collect calling is VERY expensive if the call is accepted. Set up a system to have the person you are calling decline the call and call you right back at a pre-arranged number. If you do not set up a specific time to be by a phone, it is much easier for you to call others than for them to call you.

3) Skype allows you to make a phone call through your computer at no charge. If you call a landline using Skype it is about $.02 per minute. If you call someone who already has Skype on their computer it is free. Check out this Web site for complete information: [http://www.skype.com/](http://www.skype.com/).

4) Another option is WhatsApp, an app that allows you to communicate at no cost with anyone else, as long as you have a Wi-Fi connection. This is particularly helpful when communicating with others in the group from hostels, airports en route, restaurants, cafes or museums.

**Where am I going? U.K., England, or Great Britain?**

You are actually going to all three simultaneously. “The United Kingdom is a country that consists of Great Britain and Northern Ireland. In fact, the official name of the country is “United Kingdom of Great Britain and Northern Ireland.”

Great Britain is the name of the island northwest of France and east of Ireland that consists of three somewhat autonomous regions: England, Wales and Scotland. Therefore, England is part of Great Britain, which is part of the United Kingdom. The U.K. includes England, Wales, Scotland, and Northern Ireland.”


If you want to learn more about British culture, visit the following Web site: [http://projectbritain.com/](http://projectbritain.com/).
Contact Names & Addresses
General UW-Eau Claire & CISO contact information is in your Study Abroad Handbook.

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**BRITISH CONSULATE IN THE U.S.**

British Consulate General-Chicago  
625 N. Michigan Avenue, Suite 2200  
Chicago, IL  60611  
Phone: (312) 970-3800  
Fax: (312) 970-3852  
Website:  
https://www.gov.uk/government/world/organizations/british-consulate-general-chicago

Please be aware that British Consulate in Chicago no longer offers visa processing services.

**U.S. EMBASSY IN LONDON**

The American Embassy  
24 Grosvenor Square  
London, W1A 2LQ  
American Citizen Services:  
Tel. In the U.K. 020-7499-9000  
Special Consular Services unit or Passport Citizenship unit:  
020-7499-9000 (main Embassy switchboard)  
Web Site: https://uk.usembassy.gov/

We suggest that you copy this page and leave it with your emergency contact and/or parents.