Study Abroad

HARLAXTON
FALL 2018

Program Guide
# Table of Contents

General Information .................................................. 5  
The Program ......................................................... 5  
The Location .......................................................... 5  
Academic Calendar ....................................................... 5  
Academics ................................................................ 6  
Pre-departure Planning .................................................. 6  
Honors Option .............................................................. 6  
Registration at Harlaxton ............................................... 6  
Credits and Course Load ................................................ 6  
Course Equivalencies ..................................................... 6  
Grades ........................................................................ 6  
Class Attendance .......................................................... 6  
Harlaxton Academic System .......................................... 7  
Money Matters ............................................................... 7  
Cost Estimate ................................................................. 7  
Personal Travel .............................................................. 8  
Currency and Currency Exchange ................................. 8  
Travelers Checks ........................................................... 8  
Health & Safety .............................................................. 8  
On-Campus Medical Services ........................................ 8  
Counseling Services ...................................................... 8  
Services for Students with Disabilities ........................... 9  
Intro to the British Health System .................................. 9  
Safety in England .......................................................... 9  
Hiking ........................................................................ 9  
Sexual Harassment and “Lad Culture” in the UK 9  
Emergency Contacts ..................................................... 10  
911 Equivalent in the UK ............................................... 10  
Required Documents ..................................................... 10  
Visa ............................................................................ 11  
Visas for Travel to Other Countries ................................. 11  
Packing Tips ................................................................ 11  
Clothing ....................................................................... 11  
Appliances .................................................................... 11  
Travel to England ........................................................... 11  
Travel Arrangements/Group Flight ................................... 11  
Airport Pick Up ............................................................... 12  
Independent Arrival ..................................................... 12  
Immigration ................................................................... 12  
Settling In ..................................................................... 13  
Orientation .................................................................... 13  
Buying Textbooks ........................................................... 13  
Money .......................................................................... 13  
Housing ........................................................................ 13  
What’s Provided for your Room .................................... 13  
On-Campus Alcohol Policy ........................................... 13  
Meals ........................................................................... 13  
Meet-A-Family ............................................................... 14  
Helpful Hints ................................................................ 14  
Student Life ................................................................. 15  
Communication ............................................................. 15  
Time Difference ............................................................ 15  
Telephone Information .................................................. 15  
Email .......................................................................... 16  
Snail Mail/Mailing Address .......................................... 16  
Travel While Abroad ....................................................... 16  
Local Travel ................................................................. 16  
Longer Travel ............................................................... 16  
Independent Travel ...................................................... 17  
Bus & Train in the U.K. ................................................... 17  
Cultural Notes .............................................................. 17  
Where am I going? UK, England, or Great Britain? ...... 17  
The Government .......................................................... 17  
Population ................................................................... 18
<table>
<thead>
<tr>
<th>WEB RESOURCES: HARLAXTON</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>University</td>
<td>Contact Names &amp; Addresses</td>
</tr>
<tr>
<td>City</td>
<td></td>
</tr>
</tbody>
</table>

19

19

19

19

20
CONGRATULATIONS on being accepted by UW-Eau Claire to the University of Evansville’s study abroad program in Harlaxton, England. Living and studying in a foreign culture is both an exciting and a challenging experience. Past participants of study abroad report that the many advantages of international study include:

- **Gaining new perspectives on a chosen academic field**
- **Increasing understanding of different cultures**
- **Enhancing personal development**
- **Developing different perspectives on U.S. culture**
- **Gaining self-confidence and independence**
- **Learning skills for the future international job market**

It is up to you to determine how you can best benefit from these possible advantages. This is your adventure!

Use this guide with the general Study Abroad Handbook. The handbook has information that is valid for all study abroad programs. This guide has specific information for the Harlaxton study abroad program. It is designed to complement the handbook, study abroad orientation, and your individual pre-departure preparations.

Please realize that although this guide contains all of the information available at the time of printing, it is impossible for any single resource to answer all of your questions. Your peer adviser will email additional information throughout the semester. Please contact the Center for International Education (CIE) staff, your peer adviser, and past program participants with your specific questions. You should also make use of the additional written and web resources listed towards the end of this guide.

Basic questions only **you** can answer include:

1) What are YOUR goals for this experience? Common goals of students abroad include advancement in a future profession, desire to expand personal and academic horizons, need for a change, and wish to challenge oneself with immersion in a new culture.

2) Given the way the program is set up; how can you best prepare to meet your goals? For example, if one of your goals is truly being immersed in British culture, yet you are living in a historic manor full of U.S. students, how are you going to get out and meet the locals?

The information in this guide was current at the time of printing, though changes may occur at any time.
**General Information**

**The Program**
Each semester, 130 to 165 students from across the U.S. study at Harlaxton Manor, an extension of the University of Evansville, Indiana. UE is a medium-sized, private liberal arts institution affiliated with the Methodist church. Although some students come from public universities like UW-Eau Claire, most are from liberal arts colleges with religious affiliations. Professors are from U.S. partners and the U.K.

**The Location**
Harlaxton Manor is in central England, two miles away from the town of Grantham, Lincolnshire. The landmark manor is set in the green pastures and rolling hills typical of the English countryside. The nearest city is Nottingham, about 20 miles away. A fast and frequent rail network provides easy access to other parts of Great Britain, making trips all over the country possible. London is about an hour away by train.

**Academic Calendar**
You will find a tentative schedule for the Fall 2018 semester at Harlaxton College at the link below. The calendar will not be finalized until the group flight is arranged, which typically occurs by mid-April for fall semester and early September for the spring semester.

You will find the tentative academic calendar, including required and optional fieldtrips, here: [https://harlaxton.evansville.edu/academics/curriculum.cfm](https://harlaxton.evansville.edu/academics/curriculum.cfm)

**Important Notes:**
- Be sure you are looking at the correct term and year.
- To arrive in the UK on the noted arrival date, you will need to leave the US the previous day!

*Tentative move-out day:* Students must depart the Manor the afternoon after the British Studies exam. However, the earliest you can fly out of London is the next day. **You will need to make your own housing arrangements in London for the night of of the British Studies Exam.**

**Tentative end-of-semester trip:** If you are participating on the end of semester Italy trip, the earliest you could return home is the day after the group returns to London, so **you will need to make your own housing arrangements in London for the night that you arrive back in London.**

**Class schedule and independent travel:** Classes are scheduled Monday through Thursday to allow time for the many low-cost weekend field trips or independent travel. Although most classes end by 5pm, some may have lab sections in the evening.

**Not every Friday is free for travel:** Required British Studies field trips are sometimes scheduled on Fridays. Two 4-day weekends are scheduled each semester to allow for optional travel, and you may choose to go on a week-long trip at the end of the semester. Itineraries and costs for college-organized travel will be available at [https://www.harlaxton.ac.uk/travel/organizedSemester.cfm](https://www.harlaxton.ac.uk/travel/organizedSemester.cfm).
ACADEMICS

Additional information on program eligibility, as well as academic topics such as registration, class attendance, credits and course load, grades, transcripts, and accessing the UW-Eau Claire library while abroad can be found in your Study Abroad Handbook.

Pre-departure Planning
As you know, all students are required to take the six-credit British Studies course. Three different versions of the British Studies course are available:

- ID H282 British Studies Lower Division
- ID H382 British Studies Upper Division
- ID H382H British Studies Honors Upper Division

The British Studies course transfers back to UW-Eau Claire as an elective that fulfills GE 3/LE-K2. You have the option to take a lower or upper division version of British Studies depending on what type of credit you need.

In addition to the British Studies course, you will take two or three additional courses for a total of 12-15 credits.

Honors Option
In addition to the British Studies honors sections, students can turn any Harlaxton course into an honors course by contracting with the professor to complete additional work. You can learn more about the British Studies honors section by visiting the Harlaxton website: http://www.harlaxton.ac.uk/academics/honors.cfm. If you would like a Harlaxton honors course to count towards UW-Eau Claire Honors, please contact the University Honors Program.

Registration at Harlaxton
You will register for courses at Harlaxton through the University of Evansville online system. Instructions will be provided by UE. There will be a drop-add period your first week at Harlaxton. Note: you cannot make any changes in your course registration until after you arrive at Harlaxton.

Credits and Course Load
Students going to Harlaxton must take a minimum of 12 semester credits. Dropping below full-time status may result in loss of financial aid and/or have immigration implications. Dropping below full-time enrollment must be approved by the principal at Harlaxton and the CIE at UW-Eau Claire.

Course Equivalencies
A list of course equivalencies can be found on the CIE Harlaxton Academics page.

Grades
Harlaxton grades on a U.S. A-F scale. UW-Eau Claire students abroad are not allowed to take classes pass/fail, and grades from Harlaxton are figured into students’ UW-Eau Claire GPA.

Class Attendance
Harlaxton College has a very strict attendance policy. Note that unexcused absences will result in a lowering of your grade. You can read the full policy below, which is taken from the Harlaxton College Student Handbook:

The primary purpose of Harlaxton College is, of course, education. For that reason, the student...
should understand the importance of classroom attendance and classroom participation. Attendance in class is mandatory and only verifiable medical reasons or personal situations excused by the principal, dean, or college nurse are acceptable reasons for absence from class. The policy is as follows:

- Classes which meet one day per week allow one unexcused absence.
- Classes which meet two days per week allow two unexcused absences.
- Classes which meet three days per week allow three unexcused absences.
- Students should not assume that they do not have classes on Fridays. There will be mandatory field trips and makeup classes on many Fridays.

Additional unexcused absences will result in a grade penalty, namely the lowering of the student's final grade by one letter for each absence in excess of the permitted quota. A visit to the nurse does not mean that you have been found sufficiently ill to have missed class. The principal, dean of students, and nurse have the right to deny your absence as excused. These requirements represent Harlaxton policy and are to be considered as minimal. Any instructor may require stricter attendance policies as he or she chooses.

Harlaxton Academic System

Classes are typically scheduled Monday through Thursday at 5pm. However, not every Friday is free for travel. The required British Studies field trips take place on Fridays.

Although you are going to a U.S. campus abroad, be aware that the British Studies course is taught much like a course in the regular British university system, and you may also take other courses with British faculty. In the words of many past participants, “YES! You WILL need to study! A lot!”

The British Studies course is taught as a lecture/seminar. The lecture will be a large group session that includes all Harlaxton students and visiting faculty. You will cover a lot of material and there will be little to no time for questions. The seminars are smaller groups, discussion oriented, and are used both to discuss the lecture materials and the outside reading. Thorough reading of the material and active participation in the seminar are critical to doing well on the quizzes, mid-terms, paper, and comprehensive final exam.

Past students have also indicated that many of the professors at Harlaxton, U.S. and British, give essay exams. For some students, this was a change from the test format that they had experienced at UW-Eau Claire. If you have concerns about taking essay exams, talk with the professor early in the semester about what is expected and how you can improve your essay writing skills.

Money Matters

Information about how payments are made, when they are due, the UW - Eau Claire withdrawal/refund deadlines, financial aid, scholarships, budgeting and ways to bring money abroad is in your Study Abroad Handbook.

Cost Estimate

You can find the most current cost estimate for your program, in easily printable format, on the CIE Harlaxton webpage. Be sure you are
looking at the correct term. Remember that the cost estimate includes what you pay to UW-Eau Claire, what you pay to Harlaxton, and what you pay directly to other vendors.

**Personal Travel**
Past participants who responded to our money survey spent between $1,500 and $6,000 on personal travel. To give you a sense of what you can do for these amounts:

- $1,500-3,000: *I traveled about every other weekend.*
- $4,000-6,000: *I traveled almost every weekend.*

Personal travel depends on your budget and priorities. Students who want to be involved in their host community generally spend less time (and money) traveling. Others travel every weekend with correspondingly high costs and fewer close connections in their new home.

**Currency and Currency Exchange**
The currency of the United Kingdom is the pound, abbreviated GBP (Great Britain Pound) and symbolized “£.” Just like the dollar, the pound is divided into 100 units, called “pence,” abbreviated “p.”

Coins come in denominations of 1, 2, 5, 10, 20, and 50 pence, as well as 1 and 2 pounds. There are £5, £10, £20, and £50 bills.

As of December 13, 2017, the exchange rate was £1 = $1.29341. You can find current exchange rates at [http://www.oanda.com/currency/converter/](http://www.oanda.com/currency/converter/).

**Travelers Checks**
Many people no longer find travelers checks useful in the UK due to the convenience of ATMs and the service fees (1-4%) associated with cashing your travelers checks. Also, you will need to go to a bank or a money exchange office (e.g. bureaux de change) in order to cash travelers checks, which can be inconvenient. However, travelers checks can be useful in an emergency situation such as when your credit or debit cards are lost or stolen, your cards are damaged, your cards are de-activated due to fraud concerns, etc.

**HEALTH & SAFETY**
*In addition to the information on CISI insurance and the Health Issues and Safety Abroad sections of your Study Abroad Handbook, you should be aware of the following health and safety information specific to the U.K.*

**On-Campus Medical Services**
There is a nurse at Harlaxton four hours per day. She can make referrals to a clinic in Grantham as necessary. If you have a prescription medication that needs refrigeration, such as insulin, storage can be arranged through the nurse and the Dean of Students.

**Counseling Services**
A counselor is available one night per week at the Manor. Her office is in a little-used part of the building. You can sign up for appointments in advance, using an anonymous system posted on her door.

The Dean of Students and the Student Services Interns live in the Manor and are available 24 hours a day if needed. Other counseling resources are available in Grantham. Resource lists are posted around the Manor and/or can be provided by the Student Affairs staff.
Services for Students with Disabilities
With written documentation, Harlaxton can provide accommodations for students with a variety of specific requirements.

It is also important to look at the level of accessibility in the U.K. To find more information on this topic, please see the State Department Country Specific Information page.

If you have questions or concerns about this, please contact your UWEC study abroad coordinator.

Intro to the British Health System
The National Health Service (i.e. the UK national healthcare system) sometimes does not have a very good reputation in the U.S. The system generally works fine; however, it operates under a different set of assumptions from the U.S. health system. U.S. students and their parents need to be aware of the major differences between the U.S. and British health systems.

1) The British system is set up to favor those typically most in need of medical treatment: infants/children, pregnant women, and the elderly. People in traditional university age range are expected to be low users of the system except in the case of accidents or serious illness.

2) In Britain, medical professionals do not consider a common cold/sore throat to require medical attention. Having a cold for three to four days is considered normal, and of no major concern in a person of college age.

3) Antibiotics are rarely prescribed in Britain, due to research that frequent use of antibiotics leads to mutation in germs, rendering the antibiotics useless. Antibiotics are therefore used to treat severe illness. If you use antibiotics regularly, you may wish to bring them with you.

4) Allergy shots are generally not recommended by physicians in the UK. It will be difficult to find anyone who will prescribe or administer them.

Safety in England
One main thing to remember about safety in England is that they drive on the opposite side of the road from the U.S., so LOOK RIGHT!! before crossing the street.

Information on crime, road safety, drug penalties, and terrorist activity in England is included on the U.S. Department of State travel website. Safety in and around Harlaxton will be discussed during orientation in England.

Hiking
Per the U.S. State Department, “Hiking in higher elevations can be treacherous. Several people die each year while hiking, particularly in Scotland, often due to sudden changes in weather. We encourage visitors, including experienced hikers, to discuss their intended routes with local residents familiar with the area and to adhere closely to recommendations.”

Sexual Harassment and “Lad Culture” in the UK
“Lad culture” is a concern among British universities. In recent research, it was defined as a “group” or ‘pack’ mentality residing in activities such as sport and heavy alcohol consumption, and ‘banter’ which is often
sexist, misogynist and homophobic.” Although some respondents found it influenced their academic experience at the university, lad culture is seen as particularly influential in the social side of university life. Some commentators compare it to “bro culture” or frat culture here.

Many respondents reported sexist jokes and rape banter in their friendship groups that made them feel uncomfortable, or pressured to engage in sexual relationships. Sexual harassment was common, and there were accounts of sexual violence. Harassment ranged from verbal harassment and catcalling to physical harassment and sexual molestation. Some viewed groping in nightclubs as a part of a normal night out.

Excessive drinking is an often-cited contributing factor and the university drinking culture is seen as one of the biggest obstacles to eliminating lad culture. Some women were also found to participate in the heavy drinking and crude behavior associated with lad culture and have been dubbed “ladettes.”

Undoubtedly, some UW-Eau Claire students have witnessed or been victim to this type of behavior in Eau Claire. However, it may be more difficult to speak up when you are in a new culture. You cannot change a culture in a visit, but you can make smart choices about how to manage your interactions and reactions to lad culture:

- Ask your British friends, both male and female, how they think lad culture impacts university social life.
- Remove yourself from situations where you do not feel comfortable. Listen to your instincts.
- Drink in moderation if you choose to drink. CASE at UW-Eau Claire offers advice how to drink in moderation.
- Be careful accepting drinks from people that you don’t know. In particular, watch your drink when you are out at bars or clubs.

**Emergency Contacts**

General emergency procedures are described in the Study Abroad Handbook and Harlaxton staff are available if difficulties arise. You will receive an emergency contact card from your Peer Advisor. The information is also on the Contact Names & Addresses section of this guide and will also be posted to the Learning Content of your UWEC online study abroad account closer to departure.

**911 Equivalent in the UK**

If you are in an emergency situation in the United Kingdom, you will need to know how to reach the local police, fire, or ambulance services. The local equivalent to the 911 emergency line in the United Kingdom is 999; in Gibraltar, it is 112. Save this number in your cell phone in case you need it to use it quickly.

The U.S. State Department also provides a list of 911 numbers abroad. Please note that in some countries there are different numbers for fire, police, and ambulance. Plan ahead and research numbers before you go.

**Required Documents**

Please see passport information, as well as additional visa information, in your Study Abroad Handbook.
Visa
A visa is official permission to temporarily reside in another country and is granted by the government of that country. U.S. citizens studying in the UK for less than six months may enter the UK under two categories: Short-Term Study Visa or Tier 4 (General) Student Visa. Harlaxton and UW-Eau Claire recommend that students enter under the Short-Term Study Visa category. See the “Visa Information: UK” in the Learning Content section of your UW-Eau Claire online study abroad account for basic information about the visa options.

Note that you cannot enter the UK for the first time via Ireland if you are using the short term study visa option.

It is your responsibility to keep up-to-date about student visa requirements for England, and if required, to apply for and receive a visa from an English consulate or embassy in a timely manner.

Visas for Travel to Other Countries
If you plan to travel outside of the UK while abroad, verify visa requirements for each country you will visit by contacting the nearest consulate for that country, or your travel agency. Most Western European nations do not require U.S. citizens to have a visa for tourist travel of less than three months, but you should always verify the requirement as entry requirements can change with little notice.

Packing Tips
In addition to the general packing information in the Study Abroad Handbook, you will receive a packing list at your 2nd program group meeting and should know the following about England.

Clothing
Weather in the UK is often cool and wet, especially in the fall and winter. Many buildings are not centrally heated. Past participants suggest bringing clothing that you can wear, or take off, in layers. Harlaxton College tends to be on the casual side for class and free time around the Manor. However, there are formal dinners a couple of times each semester. Take clothing that is washable and does not wrinkle easily. Bring a few “dress-up” clothes for formal dinners and going out to restaurants or clubs. Some nightclubs don’t allow jeans or tennis shoes.

Appliances
The standard electric current in Europe is 220 volts. U.S. appliances such as hair dryers and razors run on 110 volts. If you plan to bring these appliances, you will need to buy both a converter and a plug adapter. Past students have indicated that Harlaxton sells them for about £5, so you can always choose to buy them upon your arrival. You may also simply choose to buy the appliances in England or use old ones left at Harlaxton by past participants if there are any available.

Travel to England
Travel Arrangements/Group Flight
It is your responsibility to make travel arrangements to London. A list of student-oriented travel agencies and instructions for booking a flight are included at the end of the Study Abroad Handbook.
UW-Eau Claire students can book a seat on the optional group flight from Chicago, arranged by the University of Evansville. The group flight is scheduled to arrive on the designated arrival day and in time for the airport pick up. You will receive information about this flight and how to book it directly from UE.

Please do not make travel arrangements until the optional group flight has been announced and the calendar confirmed. Exact arrival information will be given to you when the group flight information is announced.

Note that you cannot enter the UK for the first time via Ireland if you are using the short term study visa option.

You may wish to purchase travel or trip cancellation insurance when you purchase your ticket. Discuss your options with a travel agent and be sure you know exactly what the policy covers. (For example, most policies specifically exclude travel disruption due to acts of war.)

**Airport Pick Up**

Harlaxton offers a pick-up service from London Heathrow Airport only. To take advantage of the pick-up service, you must plan your travel to arrive on the designated arrival day by the designated time, and submit your travel details to Harlaxton College through their online system. Historically, students have been asked to arrive by 10:30 am on the designated arrival day for the pick-up service.

**Independent Arrival**

You will need to make your own way to Harlaxton if you

- Arrive at any other airport besides London Heathrow.
- Arrive later than the designated time on the designated arrival day.
- Arrive on a different day than the designated arrival day.

UE will provide independent arrival instructions with the immigration packets they send prior to the beginning of the term. Note that you will need to travel through London, and change transportation with your luggage two to four times, in order to reach Harlaxton Manor. You will also spend at least $100 U.S. to get from the airport to Harlaxton. Please consider these factors when comparing airfares.

**Immigration**

If you are using the short-term study visa option to enter the UK, you will be asked to provide the following documents to the UK immigration official at the airport:

- a valid passport
- your Letter of Acceptance from Harlaxton
  This will be mailed from UE to the CIE for you to pick up in May for fall students or December for spring students.

If requested by the immigration agent, you must also show additional documents. Plan to have the following documents on hand if they are requested:

- proof of onward journey (i.e. proof that you are leaving the UK, most often this is in the form of a round-trip airline ticket).
- proof of the necessary funds to pay for your course fees and support yourself for the entire period you intend to stay. This can be in the form of scholarships, grants, or other financial aid award letters as well as bank statements in your name which are
dated no more than one calendar month before you arrive in the UK. UW-Eau Claire will also provide you with a letter stating that tuition, room, and board were paid prior to departure.

Upon verifying your documents, the immigration agent will stamp your passport with the short-term study visa.

**SETTLING IN**

**Orientation**
You will have an orientation to Harlaxton Manor, the program, and the surrounding area when you first arrive at Harlaxton.

**Buying Textbooks**
Textbooks are on sale at the beginning of the semester. You may pay with cash (pounds) or credit cards. Because the Harlaxton curriculum changes each semester, there is limited opportunity to sell books back.

**Money**
Harlaxton College has an ATM in the Manor where you can withdraw pounds as needed.

**Housing**
All students on the Harlaxton program live either in Harlaxton Manor or in the adjoining Carriage House. There are two to five people per room, but the room sizes are generous. Every roommate receives a key/key chain for their room and an electronic key to open the outside doors at night. Housing assignments are done at Harlaxton; you cannot request to live in the Carriage House or the Manor.

**What’s Provided for your Room**
Pillows, sheets, and duvets (comforters) are provided, but you need to provide your own towels. There will be a change of bed linen available to you every two weeks. Your room will be furnished with a bed, a chest of drawers, a small closet with hangers, a chair, a desk, and a desk chair. Some rooms have sinks and mirrors.

**On-Campus Alcohol Policy**
Unlike UW-Eau Claire, Harlaxton College does NOT allow students of legal drinking age to store or drink alcohol in their rooms. Students caught with alcohol in their rooms will incur disciplinary action, often including a substantial fine.

According to the Harlaxton Student Handbook: *Drinking is allowed only in the Bistro except during special events when there is a bar in the state rooms; drinking is confined to the state room used. With the exception of the above, possession and consumption of alcohol on-campus is strictly prohibited. This prohibition extends to student rooms, the grounds, sports hall, playing fields, and all vehicles used by the college for transportation. Students present in a residential facility where alcohol is present are also subject to disciplinary action. SAO (Student Affairs Office) staff, college drivers, RAs, and security staff will confiscate any alcohol brought onto campus. This policy includes empty alcohol containers.*

**Meals**
Meals are cafeteria-style and held at designated hours in the Refectory. Every floor also has a small kitchen area with a refrigerator and storage cabinets. Some floors have microwaves.
While much of the food at the Manor will be familiar, you will have opportunities to try traditional British food with your Meet-a-Family or in restaurants. A few things to try:

- **Bangers & mash**: sausage with mashed potatoes
- **Black pudding**: sausage made with pig’s blood & fat
- **Yorkshire pudding**: a batter made with flour, eggs, and milk and cooked in the oven. Often eaten with roast beef for Sunday lunch.
- **Pie**: a pie is any baked food surrounded by pastry (mixture of flour and butter). So you can get steak and kidney pie, or apple pie, to name a few.
- **Ploughman’s lunch**: typical mid-day pub meal, consisting of a bread roll with a piece of cheese and pickled onion.
- **Fish and chips**: French fries and batter-fried fish. The chips are generally served with salt and vinegar.

**Meet-A-Family**

The Meet-A-Family program is a great way to get out of the Manor and into the local community. Because Harlaxton/Grantham is small, the number of families available for the program is also small; if more students ask for families than there are families available, there will be a lottery. You may sign up for the lottery on the Harlaxton online system when you complete your forms. Please register early as there are a limited number of Meet-a-Family placements.

Participating in the Meet-A-Family program entails some responsibilities and commitment on your part. Some families have dropped out of the program because their students have not participated fully in the program. Therefore, before you request a family, think about whether you are willing to make the following commitments:

- Attend four Meet-A-Family events per semester.
- Call your family regularly (once a week) to keep in touch.
- Accept invitations from your family and let them know you are interested in doing things with them.
- Keep commitments to your family. For example, your family has invited you to dinner on a Saturday night, and you have accepted their invitation. On Wednesday, some of your friends announce that they are going to Edinburgh for the weekend, and ask you to come along. Do you:
  a. Call your family and say that some friends have asked you to go to Edinburgh for the weekend, so you won’t be able to come to their house on Saturday?
  b. Call your family and say that, unfortunately, you are not feeling well, so you won’t be able to come to their house on Saturday?
  c. Tell your friends you are going to your family’s on Saturday, and so, unfortunately, are unable to go to Edinburgh with them?

If you answered a or b to this question, you should carefully consider whether the Meet-A-Family is a good fit for your goals while at Harlaxton College.

**Helpful Hints**

Past students put together the following list of places to check out in Grantham:

- Fat Lou’s (when you need U.S. food!)
• Wok This Way (Chinese)
• McDonald’s (good for vegetarians, believe it or not)
• Boots (like Walgreens)
• WM Morrison (supermarket)
• HC Hair Design (salon)
• Replay (salon)
• Euroclean (dry cleaners)

Student Life
Getting involved in and around Harlaxton Manor is easy. Join a residence life or student committee, or help create the yearbook for your group. You can also get involved in intramural sports (volleyball, basketball, soccer). Harlaxton students often play students from the British high schools and universities in the area, as well as the Harlaxton staff.

To get involved outside of the Manor, you will need to take the initiative to find opportunities to meet people. Two possibilities: 1) the local library posts volunteer opportunities around Grantham, and 2) there are shuttles every Sunday to take you to the church of your choice.

Communication
Information on accessing/forwarding your UW-Eau Claire email address, as well as telephone calls through your computer, is in your Study Abroad Handbook.

Time Difference
England is six hours ahead of Eau Claire. For example, when it is 1:00 P.M. on Thursday in Eau Claire, it is 7:00 P.M. on Thursday at Harlaxton.

Telephone Information
From the U.S. to England: You must first dial 011, which is the international dialing code. Next, you must dial 44 to get England, and then the rest of the number to reach a specific city and location.

There are four telephones available for student use at Harlaxton. There are no telephones in the student rooms. Past students recommend that you set up a regular calling time (for example, Sundays at 10 PM, Harlaxton time), and then sign up for that time on the list by the phones. That way, you are certain of having a phone available.

Your callers have two ways to communicate with you by telephone:
1) Call the main number (see below) and leave a message with Security or voice mail after 5pm in England (11am in Eau Claire). The message will be posted. Remind your caller to specify whose time zone you are to use when returning the call.

2) Call the student kiosk number where you will be waiting for the pre-arranged call.

Main reception number (24 hours):
011-44-1476-403000

Student kiosk-Manor:
011-44-1476-403050; then Option 2 followed by Option 1

Student kiosk-Carriage House:
011-44-1476-403050; then Option 2 followed by Option 2

Fax:
011-44-1476-403030
The easiest way for you to make outgoing phone calls is by using a calling card. You can buy them at Harlaxton.

**Email**

Harlaxton has five computer suites with 24-hour access to the Internet, email and word processing.

Harlaxton is completely wireless, so anywhere you go on campus you will have Internet! All classroom, social, and residential areas have coverage. You can even sit outside and have access. If you would like to access the wireless networks and access ports, you need to bring your personal computer. The Harlaxton College webpage ([http://www.harlaxton.ac.uk/](http://www.harlaxton.ac.uk/)) has more specific information related to "Library & Technology" under the "Academics" heading on the horizontal toolbar at the top of the page.

**Snail Mail/Mailing Address**

(AIRMAIL recommended; allow at least one week)

Your name, box number
Harlaxton College
Harlaxton Manor
Harlaxton, Grantham,
Lincolnshire NG32 1AG
UNITED KINGDOM

The University of Evansville will email the group about a month prior to departure with a link to a list of students’ mailbox numbers.

**Local Travel**

Much has happened in British history at, or very near to, Harlaxton Manor. Harlaxton therefore offers a number of inexpensive (~£5) local trips, often as class fieldtrips, but also just for general interest, to make sure you are aware of the history and British culture all around you. Find a sample list here.

**Longer Travel**

Harlaxton offers a number of more extensive day and weekend trips at additional cost. Reservations for the trips are now made online, directly through Harlaxton. You will receive the exact day and time that travel booking begins from UE. You can find recent semester offerings, as well as booking guidelines and frequently asked questions here.

Before you can make travel reservations, you must have filled out the online forms in your Harlaxton College account. You will book through the Harlaxton online system. A deposit is due when you make your reservation, which you must pay by credit card via the online travel booking site. Since the deposits are charged in pounds, you should contact your credit card company prior to the booking day so that your card is not blocked for suspicious activity. You may also need to temporarily raise your daily limit if you are planning on registering for several trips. Cancellations to your travel bookings can only be made to the same credit card used for the original booking. Cancellation deadlines are also online.

Past participant tip: “I would definitely recommend the first London trip. It’s early in the semester, and you really get to know people.”
Plus, once you find your way around London, it’s easy to go back for a weekend on your own.”

**Independent Travel**
Harlaxton offers on-campus and online resources to help interested students plan independent travel. On campus, there is a travel library where students can access guide books and maps. The Student Affairs Office also offers an “Independent Travel Seminar” during the first week of the semester. The online resources can be accessed here.

**Bus & Train in the U.K.**
If you plan to travel in England, Scotland or Wales, transportation by train, ferry, and bus (coach) are HIGHLY recommended. A Young Person’s RailCard gives you 1/3 off regular fare tickets. It pays for itself after three to four trips. Check out this Web site for more information: [http://www.16-25railcard.co.uk/](http://www.16-25railcard.co.uk/). You can download the application form online or simply ask for one at any train station in England. Harlaxton also sells the Young Person’s RailCard, so you can wait until you get to the Manor to purchase it.

There is also a special rail pass just for southwest England (which includes London and Oxford) that gives you a reduction off train tickets. When you buy a ticket to London with the pass, the ticket may also be used as a subway pass, providing transportation around London for the entire day.

If you plan to take buses, keep in mind that they are both cheaper and slower than trains. An NX2 card will give you at least 10% off all National Express bus tickets. If you’ve got time to spare, consider taking advantage of National Express’ £1 Fun Fare. During specific times, seats are offered for an absolute steal between London and 28 other cities.

**CULTURAL NOTES**

**Where am I going? UK, England, or Great Britain?**
You are actually going to all three simultaneously. “The United Kingdom is a country that consists of Great Britain and Northern Ireland. In fact, the official name of the country is ‘United Kingdom of Great Britain and Northern Ireland.’

Great Britain is the name of the island northwest of France and east of Ireland that consists of three somewhat autonomous countries: England, Wales and Scotland. Therefore, England is part of Great Britain, which is part of the United Kingdom. The U.K. includes England, Wales, Scotland, and Northern Ireland.” From: [http://geography.about.com/library/faq/blqzuk.htm](http://geography.about.com/library/faq/blqzuk.htm)

**The Government**
The United Kingdom is a constitutional monarchy and parliamentary democracy, with a queen and a parliament that has two houses: The House of Lords and the House of Commons. Supreme legislative power is vested in parliament, which sits for five years unless dissolved sooner. The House of Lords was stripped of most of its power in 1911, and now its main function is to revise legislation.

The current monarch and prime minister are:
Sovereign: Queen Elizabeth II (since 1952)
Prime Minister: Theresa May (since 2016)
England has existed as a unified entity since the 10th century; the union between England and Wales, began in 1284 with the Statute of Rhuddlan, which was not formalized until 1536 with an Act of Union. In another Act of Union in 1707, England and Scotland agreed to permanently join as Great Britain. The legislative union of Great Britain and Ireland was implemented in 1801, with the adoption of the name the United Kingdom of Great Britain and Ireland. The Anglo-Irish treaty of 1921 formalized a partition of Ireland; six northern Irish counties remained part of the United Kingdom as Northern Ireland and the current name of the country, the United Kingdom of Great Britain and Northern Ireland, was adopted in 1927.

#ixzz1fnATw3d5

**Population**

Population of the UK: 63,742,977 (2014 est.)
Nationality: British
Language: English (Note: the UK also has recognized regional languages: Scottish Gaelic, Welsh, and Cornish)
Religion: Christian 59.5%, Muslim 4.4%, Hindu 1.3%, other 2%, none 25.7%, unspecified 7.2%
Ethnic groups: White 87.2%, black 3%, Indian 2.3%, Pakistani 1.9%, mixed 2%, other 3.7% (2011 estimated)

## WEB RESOURCES: HARLAXTON

<table>
<thead>
<tr>
<th>University</th>
<th>City</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harlaxton College Home Page</td>
<td>BBC Online Homepage</td>
<td>The UK Travel Guide</td>
</tr>
<tr>
<td>Harlaxton Experience Page</td>
<td>UK Rail Schedules</td>
<td>Official English Tourism Sites</td>
</tr>
<tr>
<td>Manor House Information</td>
<td>Grantham and Surroundings</td>
<td>Newspapers</td>
</tr>
</tbody>
</table>
- [http://www.granthamjournal.co.uk/](http://www.granthamjournal.co.uk/)  
[http://www.onlinenewspapers.com/england-a-k.htm](http://www.onlinenewspapers.com/england-a-k.htm)  
English (L-Z):  
[http://www.onlinenewspapers.com/england-l-z.htm](http://www.onlinenewspapers.com/england-l-z.htm)  
Scottish:  
| English Castles                     | Visit Britain                      | UK Parliament & CIA Facts        |
- [http://www.britishcouncil.org/arts](http://www.britishcouncil.org/arts)  
| London                              | The Royal Academy of Arts          | The Best of British English      |
| [http://www.londontown.com](http://www.londontown.com)  
[http://www.visitlondon.com](http://www.visitlondon.com)  
# Contact Information

<table>
<thead>
<tr>
<th>HARLAXTON - University of Evansville</th>
<th>BRITISH CONSULATE IN THE U.S.</th>
<th>UW-EAU CLAIRE Center for International Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Holly R. Carter</td>
<td>British Consulate-General, Chicago</td>
<td>Cheryl Lochner-Wright</td>
</tr>
<tr>
<td>Director of Harlaxton College Programs</td>
<td>625 N. Michigan Avenue, Suite 2200</td>
<td>Senior Study Abroad Coordinator</td>
</tr>
<tr>
<td>University of Evansville</td>
<td>Chicago, IL 60611</td>
<td><a href="mailto:lochnechb@uwec.edu">lochnechb@uwec.edu</a></td>
</tr>
<tr>
<td>Evansville, In 47722</td>
<td>Tel: (312) 970-3800</td>
<td></td>
</tr>
<tr>
<td>1.812.488.1040</td>
<td>Fax: (312) 970-3852</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:hc110@evansville.edu">hc110@evansville.edu</a></td>
<td>Web: <a href="http://www.evansville.edu/">http://www.evansville.edu/</a></td>
<td></td>
</tr>
<tr>
<td>Tel: 1-812-488-1040 or 1-800-UK Manor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fax: 812.488.2435</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. Gerald Seaman, Principal</td>
<td>U.S. EMBASSY IN LONDON</td>
<td></td>
</tr>
<tr>
<td>Harlaxton College</td>
<td>The American Embassy</td>
<td></td>
</tr>
<tr>
<td>Harlaxton Manor</td>
<td>24 Grosvenor Square</td>
<td></td>
</tr>
<tr>
<td>Harlaxton, Grantham, Lincolnshire</td>
<td>London W1K 6AH</td>
<td></td>
</tr>
<tr>
<td>NG32 1AG</td>
<td>UNITED KINGDOM</td>
<td></td>
</tr>
<tr>
<td>UNITED KINGDOM</td>
<td>American Citizen Services</td>
<td></td>
</tr>
<tr>
<td>Phone: 011-44-1476-403000</td>
<td>Tel. In the U.K. 020-7499-9000</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tel. from the U.S. 011-44-20-7499-9000</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://london.usembassy.gov">http://london.usembassy.gov</a></td>
<td></td>
</tr>
<tr>
<td>Student phone-Manor:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>011-44-1476-403050; then Option 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>followed by Option 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Student phone-Carriage House:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>01-44-1476-403050; then Option 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>followed by Option 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fax: 011-44-1476-403030</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Email: <a href="mailto:enquiries@harlaxton.ac.uk">enquiries@harlaxton.ac.uk</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.harlaxton.ac.uk/">http://www.harlaxton.ac.uk/</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
We asked past Harlaxton participants how they would sum up their Harlaxton experience. Here is a sampling of what Spring2017 students said:

People say things changed their life all the time. Harlaxton actually will change your life. It’s more than a place. Harlaxton is a feeling and it feel more like home than your actual home.

Nathan, Spring 2017

Study abroad was an amazing four months filled with travel to all kinds of incredible places, making and hanging out with new friends, late night study sessions, lots of tea, sometimes embarrassing situations, individual growth, and hard goodbyes at the end. It was an experience I wouldn’t change for the world.

Rachyl, Spring 2017

Going to Harlaxton allowed me to do things I never imagined I would do and because of that I changed and grew into a far better person which has caused me to change what I want to do with my future.

– Austin, Spring 2017

My time abroad opened my eyes to many different cultures, and it opened my eyes to how other people think.

– Matthew, Spring 2017

Harlaxton is an amazing program in a beautiful house with great faculty and staff. The British Studies course really helps to inform you about British history and cultural identity and the school offers many free or low cost trips around the country to experience it first hand. The school is really good with working with you and helping you to make your experience the best it can be. They also plan lots of fun activities and house competitions to get you involved in the community. The faculty and staff as most live in the manor are highly accessible.

Spring 2017 participant

Updated December 2017 clw