

University of Wisconsin-Eau Claire

Study Abroad

Faculty-Led Immersion



SPECIAL EDUCATION (SPED) IN

SCOTLAND

SUMMER 2019

Program Guide

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CONGRATULATIONS on being accepted to the Special Education (SPED) in Scotland program during summer 2019! Living and studying in a foreign culture is both an exciting and a challenging experience. Past participants of study abroad report that the many advantages of international study include:

Building upon existing foreign language skills
Gaining new perspectives on a chosen academic field
Increasing understanding of different cultures
Enhancing personal development
Developing different perspectives on US culture
Gaining self-confidence and independence
Learning skills for the future international job market

It is up to you to determine how you can best benefit from these possible advantages. This is your adventure!

This program guide is to be used together with the Faculty-Led Study Abroad Handbook that you also received prior to orientation. The Handbook has information that is valid for all study abroad programs. This guide will provide you with specific information for the SPED in Scotland summer program. It is designed to complement the Handbook, study abroad orientation, and your individual pre-departure preparations.

Please realize that, although this guide contains all of the information available at the time of printing, it is impossible for any single resource to answer all of your questions. Please contact the Intercultural Immersions staff and/or Professors Battalio and Brandt with your specific questions. You should also make use of the additional written and web resources listed towards the end of this guide.

Basic questions only you can answer include:

- 1) What are YOUR goals for this experience? Common goals of student travelers include advancement in a future profession; desire to expand personal and academic horizons; need for a change; wish to challenge oneself with immersion in a new culture.
- 2) Given the way the program is set up, how can you best prepare to meet your goals? For example, if one of your goals is truly being immersed in Scottish culture, yet you are going to Scotland with a group of Wisconsin students, how can you ensure that you get out and interact with the local population?

The information in this guide was current at the time of printing, though changes may occur at any time.

GENERAL INFORMATION

The Program

Special Education in Scotland is a 5-week study abroad program offered through the Department of Special Education and Academic Affairs at the University of Wisconsin-Eau Claire. The program allows undergraduate students to study and experience firsthand the Scottish special education system. The program consists of, a two-week observation in a Scottish school, two weeks of classroom involvement, and a five-day tour of the Scottish Highlands. The summer 2019 faculty leaders are Dr. Rose Battalio, Dr. Barb Meier, Professor Art Brandt and Professor Karsten Powell from the Department of Special Education.

The Location

Weeks 1 & 2

Upon arrival all students will be housed in the Edinburgh area. A few days after arrival, you will depart with your faculty member or host family to your school. You will live with host families in the Edinburgh area, Glasgow, Dunkeld, Dunfermline, Perthshire or the Orkney Islands during the classroom observation of the program.

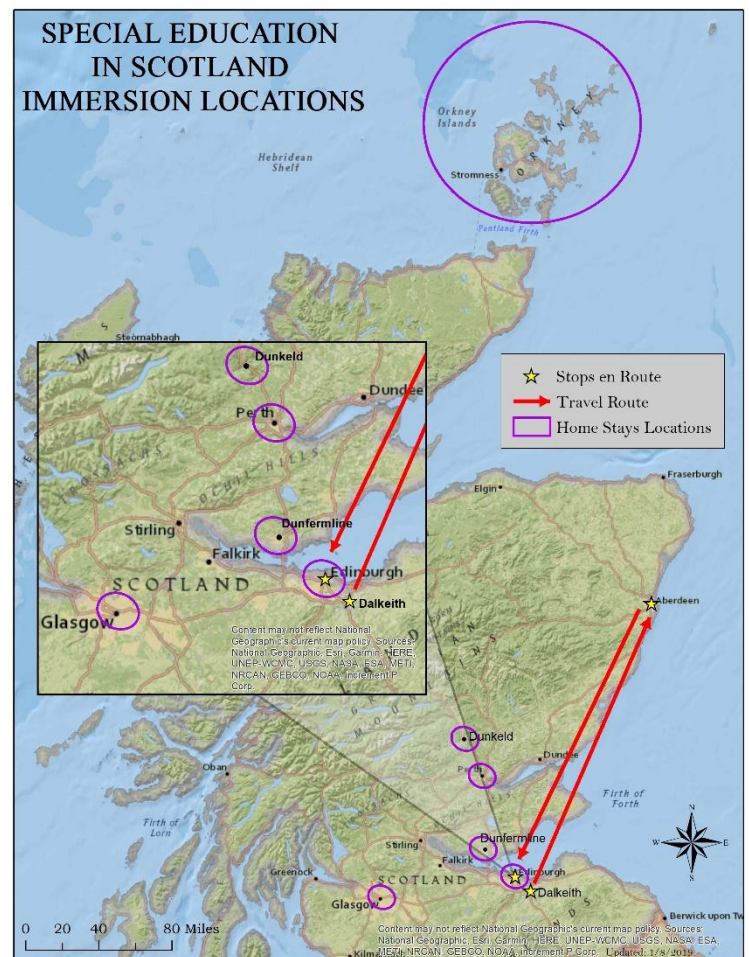
Edinburgh is a historic yet modern city of 1.2 million people. It is the political capital of Scotland and home to many cultural attractions. Dunkeld is a small town 15 miles north of Perth, Scotland. The Orkney Islands is an archipelago in northern Scotland, situated 10 miles north of the coast of Caithness. Final placements are made by Dr. Battalio and are currently tentative as additional locations may be available.

Weeks 3 & 4

You will reside at the University of Aberdeen. Aberdeen is a thriving city of 200,000. With excellent museums, great concert venues, and a vibrant nightlife, the city offers something for everyone. And its location--on the coast, at the confluence of two rivers, and near the Cairngorm Mountains--guarantees both spectacular scenery and incredible opportunities for those who love the outdoors.

Week 5

The five-day tour will begin in Edinburgh. Although the exact itinerary has not been determined, past tours have visited: Inverness, Isle of Skye, and Oban.



The University of Aberdeen

Founded in 1495, the University of Aberdeen is the third oldest university in Scotland and the fifth oldest in the U.K. With a student population of 13,000, Aberdeen offers nearly 90 majors in three Colleges: Medical & Life Sciences, Physical Sciences, and Arts & Social Sciences. You can find complete information at <http://www.abdn.ac.uk/>.

Academic Calendar

Pre-program classes will be held at various times during the academic year. **Dr. Rose Battalio** will provide specific information on times and locations. Dr. Battalio will notify you of your placement sometime between the middle of March and beginning of April. You will give a required final presentation at UW-Eau Claire. Dr. Battalio will provide the time and location.

Tentative Scotland Calendar

**Please do not book your international flight until after orientation on March 16th.*

Below is the tentative program calendar. Please note small changes may occur due to various unforeseen circumstances and situations.

Students Depart the U.S.	May 30
Students Arrive in Dalkeith	May 31
Reception/Host Family Pick-Up	June 2
First Day of Placement	June 3
Last Day of Placement	June 15
Students Depart Host Family	June 15
Students Check in Abe. Housing	June 15
Class Begins at Aberdeen	June 17
Classes Ends	June 28
Weekend in Edinburgh	June 28-30
Stay in Edinburgh Hostel	June 30
Highland Trip Departs	July 1
Trip Returns & Stay in Hostel	July 5
Program Ends/Free to Go	July 6
Final Presentation	Aug 1

ACADEMICS

There is additional information on academic topics such as registration, class attendance, credits and course load, grades, transcripts, and accessing the UW-Eau Claire library while abroad in your Study Abroad Handbook.

Program Prerequisites

To participate in the Special Education in Special Education in Scotland summer program, you must have a minimum 2.75 GPA and be in good academic standing.

We check grades at the end of the semester prior to departure. If you are on probation, we will need to check with the faculty leader to see if you will be allowed to participate. If you have been suspended, you will not be allowed to participate in the program.

Pre-departure Orientation & Academic Planning

Attendance at the March 16th orientation plus all preparation sessions during spring semester of 2019 is required. Times and days will be announced by your Faculty Leaders. You will be doing some reading, research, and preparing presentations throughout spring semester.

All participants will take **SPED 350 Introduction to Emotional / Behavioral Disorders** (3 credits) and **SPED 495 Community and School Experience in Special Education in Scotland** (3 credits). Note: A substitution for SPED 205 is possible. Please discuss this with Dr. Battalio.

Class attendance and participation in spring class meetings, and in program lectures and excursions while in Scotland is required of all students

Grades

Credits earned abroad on this program are considered UW-Eau Claire resident credits. The class you take abroad will count towards the total credits needed for graduation, **and the grade will be figured into your GPA.** You cannot take any credits pass/fail. The UW-Eau Claire Faculty Leaders will issue grades for the course using the usual UW-Eau Claire A-F grading scale. Grades are typically not available until late summer after you have submitted your final assignment.

MONEY MATTERS

Information about how payments are made, when they are due, and the withdrawal / refund deadlines, financial aid, scholarships, budgeting and ways to bring money abroad is in your Study Abroad Handbook.

Estimated Costs Paid to UW-Eau Claire

Tuition/Fees (WI Res, 6 credits)	\$2,134
SPED Program Fee	\$3,160
Application Fee	\$30
FLIIE Funding	-\$1,910
Total Paid to UWEC	\$3,424

The estimate is based on a Wisconsin undergraduate resident charge for summer 2019. Minnesota students add reciprocity; non-residents will pay non-resident tuition.

The SPED program fee listed above includes housing upon arrival, two-week observation in the field of special education, homestay and some meals during observation, university housing at Aberdeen, all in-country transport, and five-day, 4-night trip around Scotland.

Estimated Additional Costs In Dollars*

Meals	\$400
Personal Expenses	\$600
Passport/photo fees	\$150
Estimated Airfare MSP to Edinburgh	\$1,300
Total Additional Costs	\$2,450

**February 2019 exchange rate, 1 Pounds= 1.8 USD*

Total Cost Estimate

If you add up everything you will pay to UW-Eau Claire, your estimated costs in Scotland, round-trip airfare, and passport costs, the total comes to roughly **\$5,874 for Summer 2019.** This does not include personal travel, since that cost is voluntary and varies widely. (Optional personal travel: \$500-\$3,000). Please note that **cost estimates may change at any time.**

Souvenirs & Personal Travel

The amount of personal funds to cover souvenirs and personal travel will vary based on your shopping habits, off-program entertainment, personal spending habits, etc. We do not expect you will spend a lot on personal travel as you have limited opportunities to travel during the program. Though you are encouraged to travel before or after the official program dates.

FLIIE Funding

This program is supported by Blugold Commitment FLIIE Funding for undergraduate UWEC students. While students are encouraged to participate in multiple high-impact immersion programs, each student is eligible to receive BCDT funding for only one FLIIE experience. Graduate and non-UWEC students are not eligible to receive this funding.

Blugold Commitment funding is not able to cover costs of tuition, but will include about

\$1,900 per student towards the program fee in 2019.

Program Refunds from UW-Eau Claire

The \$30 application fee is non-refundable. The \$150 deposit is non-refundable except in the case of a documented medical or family emergency.

The withdrawal deadline for the program is March 1. No refunds are available after March 1, and if you withdraw after March 1, you will be required to pay all program costs and any funds already committed on your behalf, up to the full program cost. All withdrawals must be in writing.

Undergraduate students who withdraw will lose their FLIIE funding. As such, they will be expected to pay ALL non-refundable program costs paid to UW-Eau Claire. For example, the FLIIE funding covers about \$1,900 per student. However, a student who withdraws after the refund deadline would be responsible for paying the entire \$3,160 Program Fee, which is the true cost of the program without the subsidy. Blugold Commitment program support is based on student enrollment and can only benefit students actually participating in program.

Currency Exchange

The exchange rate as of February 2019 was \$1.00 USD = 0.88 British pounds. You can find current exchange rates at <http://www.oanda.com/currency/converter/>

Credit Cards

In addition to the information on credit cards in your *Study Abroad Handbook*, you should be aware that **credit cards might not be as widely accepted in Scotland as they are in the U.S.** Only major stores, tourist hotels, and travel agencies are likely to take them.

ATMs: Credit/Debit Card Use

24-hour ATMs are plentiful in the large cities you will be traveling to. The most commonly accepted U.S. credit card is Visa. You can also withdraw cash from an ATM as soon as you land at the airport. You should compare the international transaction fee charged by your different banks; the fee can range from 1-3%. Some travelers have reported ATMs snatching back money if you don't remove it within around 30 seconds; others have reported having to wait 30 seconds or more for the funds to be released from the machine.

Traveler's Checks

With the arrival of technologies like ATMs, Traveler's checks have fallen into disuse and are accepted at a very small number of banks. Do not bring traveler's checks. Just use debit cards to take money of an ATM in the local currency.

FINANCIAL AID

In addition to the Financial Aid information in your Study Abroad Handbook, you should be aware of this information specific to the SPED program.

To receive summer financial aid, **you must be enrolled for at least six credits** during the 11 week interim/summer period. With at least six credits, you have "half-time or more" status for aid. Room and board can then be considered in your budget, and you may be eligible for a Direct Ford Loan. Consult the Financial Aid Office if you have questions about summer financial aid.

HEALTH & SAFETY

In addition to the general information in the Study Abroad Handbook, you should be aware of the following health & safety information specific to the U.K.

Immunizations

The CDC recommends that travelers to Scotland discuss several routine vaccinations with a doctor at least four-six weeks prior to travel. You can find the list of vaccinations here: <http://wwwnc.cdc.gov/travel/destinations/traveler/none/united-kingdom>

There are very few required vaccinations for travelers anywhere in the world. Requirements can only be placed by the government of the particular country, and because such requirements often discourage tourists, governments are reluctant to establish them. CDC recommendations should be taken very seriously. However, since many of the recommendations depend on the type of travel you anticipate doing or the length of time you are staying, you should meet with a doctor to determine what's best for your individual situation.

UW-Eau Claire's Student Health Services offers immunizations (IG, tetanus, Hepatitis B, etc.) and health education on international travel for a small fee. For more information, call: (715) 836-5360.

Often, your health insurance will cover the cost of immunizations. **If your immunizations are not covered by your health insurance and you receive financial aid, you may want to meet with the Office of Financial Aid to inquire if these can be added to your total financial aid budget.**

BSE (Mad Cow Disease)

In some parts of the world, cattle can get an infectious, fatal brain disease called Mad Cow Disease. In these same locations, a new disease has surfaced called variant Creutzfeld-Jacob Disease (vCJD) which is also a fatal brain disease. Scientists believe that vCJD is Mad Cow Disease that has somehow transferred to humans, possibly through the food chain.

As you may be aware, Mad Cow Disease has been present in Britain for quite some time. The general advice if you are concerned about Mad Cow is: 1) avoid beef and beef products altogether, or 2) select beef or beef products that are solid pieces of muscle meat versus brains or beef products such as burgers and sausages. You can find more information at <https://www.cdc.gov/prions/bse/index.html>.

The American Red Cross has indicated that they will restrict the donation of blood in the United States from people who have spent (visited or lived) a cumulative time of 3 months or more in the United Kingdom (UK) from January 1, 1980, through December 31, 1996, or had a blood transfusion in any country (ies) in the (UK) from January 1, 1980 to present. Please note that these restrictions may change as more is known about Mad Cow Disease in humans. For any question or concerns about your ability to give blood now or in the future, please contact the American Red Cross: <http://www.redcrossblood.org/>.

Prescriptions-Allergy Shots

Please note that allergy shots are generally not recommended by physicians in the UK and it will be difficult to find anyone who will prescribe or administer them.

Intro to the British Health System

You may be aware that the British health system does not have a very good reputation in the US. The system is actually very good; however, it operates under a different set of assumptions from the US health system. US students and their parents need to be aware of some of the major differences between the US and British health systems.

1) The British system is set up to favor those typically most in need of medical treatment:

infants / children, pregnant women, and the elderly. People of traditional university age are expected to be low users of the health system except in the case of accidents or serious illness.

2) In Britain, **medical professionals do not consider a common cold/sore throat to require medical attention.** Being sick with a cold for 3-4 days is considered normal at times and of no major concern in a person of college age.

3) **Antibiotics are very rarely prescribed in Britain.** British doctors point to research that shows that frequent use of antibiotics leads to mutation in germs, rendering the antibiotics useless. Antibiotics are therefore used to treat severe illness. If you use antibiotics regularly, you may wish to bring them with you.

Emergency Contacts

General emergency procedures are described in the *Study Abroad Handbook*, and the UW-Eau Claire faculty member will be available for consultation if difficulties arise. You will receive an emergency contact card at orientation with her cell phone number; be sure to keep it with you at all times. The information is also on the last page of this guide.

Safety in Scotland

One main thing to remember about safety in Scotland is that they drive on the opposite side of the road, so **LOOK RIGHT!!** Before crossing the street.

Detailed information on crime, road safety, drug penalties, and terrorist activity in the U.K. is included in the [State Department Consular Information Sheet](#). It is highly recommended that you read through that information carefully before travel to the U.K. Safety will be discussed during orientation in England.

Sexual Harassment & Assault

Harassment: Female travelers have reported everything from staring, lewd and suggestive comments to catcalls, and groping. Often these incidents occur in crowded areas such as market places, bus/train stations, and public streets. Women travelers in the UK are advised to respect local dress and customs as a way to minimize harassment.

Assault: Crimes against women including rape have also been reported in various countries in Europe. Suggestions to maintain stringent security precautions include:

- Avoid public transport after dark without the company of known and trusted companions.
- Restrict evening entertainment to well-known venues.
- Avoid isolated areas any time of day.
- Keep your hotel room number confidential.
- Lock your hotel room and use deadlocks/door chains while in your room.
- Hire only reliable cars and drivers. Avoid traveling alone in cabs at night.
- Keep conversations with unknown men short—getting involved conversations with unknown men can be interpreted as a sign of sexual interest.

REQUIRED DOCUMENTS

Passport and additional visa information is included in your Study Abroad Handbook.

Passport

General passport information is found in your *Study Abroad Handbook*, but you will need a valid passport with an expiration date more than six months after the end of the program.

Visa for the UK

A visa is official permission to temporarily reside in another country and is granted by the government of that country. The Intercultural Immersions Team will provide you with information regarding entry requirements and visa regulations. **However, it is ultimately your responsibility to keep up-to-date about visa requirements for your host country.** Student visa information and updates for the U.K. are available at

<http://ukinusa.fco.gov.uk/en/visiting-uk/visas>.

Effective March 31, 2009, individuals entering the U.K. to study are subject to new immigration requirements. U.S. citizens studying in the U.K. for a maximum of six months may enter the U.K. to study under two categories of visas: (Non-PBS) Student Visitor or PBS Tier 4 Student Visa.

Student Visitor Visas

As you are participating in a study abroad program sponsored by a U.S. institution, you can only enter the U.K. under the **Student Visitor Visa**. This category is for students who are 18 years or older who wish to study in the UK for 6 months or less. **Under this category, students may not work (including internships, work-placement, or work-study, volunteer work, or any type of practical experience). Due to this**

exclusion, your school experience must be 1) observational only, 2) supervised by a faculty member, and 3) consist of no more than 50% of your study abroad program.

Students are not allowed to switch their status or extend their stay whilst in the U.K. U.S. nationals do not require a student visitor visa before arriving in the U.K. However, they must be prepared to show the following documents to the Immigration Officer at the airport:

1. A valid U.S. passport that will NOT expire while you are in the U.K.
2. Acceptance to a course of study at an accredited educational establishment (UW-Eau Claire will provide you with letter documenting your participation in a study abroad program in May.)
3. Proof of the necessary funds to pay for your course fees and support yourself for the entire period you intend to stay. This can be in the form of scholarships, grants, or other financial aid award letters as well as bank statements in your name which are **dated no more than one calendar month before you arrive in the U.K.** UW-Eau Claire will also provide you with a letter stating that tuition, room, and fees were paid prior to departure. **You will receive this letter in May.**
4. **Proof of onward journey.** You must demonstrate your willingness to leave the U.K. once your program of study is completed by showing return tickets or an itinerary with your name and information on them.

Upon satisfying the Immigration Official, you will receive a Student Visitor stamp/endorsement in your passport when you present your

documents. **If you travel outside the U.K. during your course of study, you must show the Immigration Officer your Student Visitor stamp/endorsement and the acceptance letter when re-entering the U.K.**

For more information, please visit the UKBA site: <http://www.ukba.homeoffice.gov.uk/visas-immigration/visiting/student/>

Special note on arriving via Ireland. The U.K. Border Agency indicates that students arriving in the U.K. via Ireland should actively seek out an Immigration official upon arrival in the U.K. to ensure that their passport is stamped with the Student Visitor stamp/endorsement. We have learned from one of our U.K. partners that an Immigration Officer will NOT be present when students arrive in the U.K. via Dublin or other Irish cities. As such, students will not receive a stamp in your passport and will only be deemed to have three months leave to stay in the U.K. as a visitor. Visitors cannot switch to student status if they enter as a tourist. **Therefore to avoid this problem, you must not enter the U.K. via Ireland.**

If you are NOT a U.S. citizen, visit: <http://www.ukba.homeoffice.gov.uk/visas-immigration/do-you-need-a-visa/> to find out if you need a visa and to download an application form if you do.

Visas for Travel to Other Countries

If you plan to travel outside of the UK while abroad, verify visa requirements for each country you will visit by contacting the nearest consulate for that country, or your travel agency. Most Western European nations do not require US citizens to have a visa for tourist travel of less than three months.

PACKING TIPS

In addition to the general packing information in the Study Abroad Handbook, you should know the following about Scotland.

Clothing

The summer weather in Scotland can be cool and wet or hot and muggy. Many buildings are not centrally heated. Past participants suggest bringing clothing that you can wear—or take off—in layers. We recommend that you **pack light**, bringing comfortable casual clothing and good walking shoes.

During your 2 weeks at the school, you will be expected to dress “smart casual”, which is the U.S. equivalent of business casual. This usually includes:

- some type of trousers/skirt, not jeans, not shorts, not mini-skirts
- shirts with collars, not tee-shirts
- some type of dress shoe that is usually closed toe, not flip-flops, not Birkenstocks, not tennis shoes

Bring a few “dress-up” clothes for going out to restaurants or clubs. Some nightclubs will not let you in wearing jeans or tennis shoes. A jacket is essential; a raincoat with a warm lining may be a good idea. And don’t forget your umbrella!

Sleepwear: A lightweight bathrobe and pajamas—something which you can wear going down the hall from your room to the bathroom, since you will rarely have a private bathroom in the hostels/hotels.

Health:

- Basic over-the-counter medications you typically use for headache or digestive disturbances.
- Sunscreen
- Band-Aids

- Any prescription medication, in original container
- Clear, legible copies of prescriptions, with generic name of drug, for any medicine that you are taking

Personal Hygiene: In addition to usual personal hygiene items, you will want to bring the following:

- Feminine hygiene products (different and not always easily available in Europe in general)
- Soap holder with soap (not Ivory, which is too soft and will be used up too quickly)
- Small container of laundry detergent
- Washbasin plug
- Toilet paper (part of a roll, flattened)
- Large plastic/cloth bag for dirty laundry
- Towels and washcloths, 2-3 light-weight, that will dry quickly (hostels do not always provide them)

General Travel:

- Day-pack (book bag) for short day trips
- Money belts
- Plastic storage/sandwich bags for small articles
- Duct tape for emergency repairs
- Flashlight with batteries
- Battery alarm clock
- An extra battery for your camera
- A sewing kit (needle/thread), safety pins
- Cords for devices

Appliances

The standard electric current in Europe is 220 volts. US appliances such as hair dryers and razors run on 110 volts. If you plan to bring these appliances, you will need to buy both a **converter and a plug adapter**.

ARRIVING IN SCOTLAND

Fox Travel

All students on faculty-led immersion programs sponsored through UWEC are required to purchase their international flights through Fox World Travel. Please contact a Fox World Travel agent (open 7:00am-5:30pm on weekdays) through one of the options below:

- Call toll-free 866-230-8787 (option 4)
- Email uwgroups@foxworldtravel.com with Group Code in subject line
- Give them the **GROUP CODE (will be provided at Orientation)**

Have ready:

- Name exactly as it appears on your passport
- Passport number and expiration date
- Credit card number to charge

Travel Arrangements

Travel arrangements are the responsibility of each student. The International Immersions Team encourages you to consider traveling with another program participant—a travel companion can make arrival in a new country safer and much less intimidating! You will have the opportunity to discuss travel arrangements with your fellow study abroad participants during orientation. Once you have bought your ticket and have received your itinerary, you need to provide a copy of the itinerary to the Immersions staff prior to departure.

Dalkeith, where the house is located, is 8 miles from Edinburgh, the capital city of Scotland. The closest airport to the house is the Edinburgh Airport. You should arrive at Dalkeith House on May 31 no later than 2:00 PM. The official check-in time is between 1:00 and 2:00 PM. If you arrive at the house before 1:00 PM on May

31, you can drop your luggage off but you won't be able to check into your room. Following the room check-in, you will begin your on-site orientation at Dalkeith House. Please note that you must arrive no later than **2:00 PM** so that you are present for the start of orientation.

Pick-Up Arrangements

You have two options for pick up: 1) Dr. Battalio meets you at the Edinburgh Airport (EDI), or 2) you travel on your own to Dalkeith House.

Dr. Battalio/Art Brandt/Dr. Meier

If you want to be met at the Edinburgh Airport, let Dr. Battalio or Art Brandt know. They will make arrangements to meet and travel to Dalkeith with you.

On your own

1. Taxi: You can take a taxi directly from the Edinburgh Airport to Dalkeith House. At the airport, follow the signs to taxi area. You will be lead to a line of taxis. You will need to go to the head of the line where someone will direct you to the next taxi. You can't just pick a taxi from the middle of the line as the drivers wait in line to pick up passengers. The cost of a taxi to Dalkeith is about 30 pounds. Ask for Dalkeith County Park.

2. Bus: You will need to take the airport bus (Airlink) to Edinburgh City Center. Then, you will need to take a bus from Edinburgh City Center to Dalkeith House.

- Part 1-Bus to City Center. You can locate the bus (Airlink #100) in front of the terminal building outside the UK arrivals lounge. Bus #100 leaves every 10 minutes during peak hours and every 1/2 hour during off-peak hours. Cost is approximately 4.50 pounds. This bus drops you off next to Waverly Train Station.

- Part 2- Bus from City Center to Dalkeith. You can take Lothian #3, #X33, or #33 to get to Dalkeith. Lothian #3, # X33, or # 33 can be picked up on North Bridge. Cost is £1.70 (pounds). *Exact change is required.* **Make sure to ask the bus driver if the bus is going to Dalkeith. Get off at the Dalkeith Library and follow your map.**

SETTLING IN

Orientation

At Dalkeith House you will have an orientation of the house and what behavior is expected during your short stay. Dr. Battalio, Dr. Meier, and Professor Brandt will meet with you on Friday night. You will have a similar type of orientation when you begin your class at the U of Aberdeen.

Housing & Meals

Dalkeith House. For the first two days (May 31 and June 1), you will be staying at Dalkeith House. Dalkeith House is an old manor house that has housed the Wisconsin in Scotland (WIS) program since 1986. All students and faculty on the WIS program live in Dalkeith House. Room assignments are done by WIS. Upon arriving at Dalkeith House, you will be given your room assignment and your roommates. You will have 5-6 roommates, all of the same gender.

Each room has a bed, dresser, desk, mirror, and closet for each person living in the room. There is a men's and a women's bathroom on every floor, with several showers in each. The house also has a kitchen, dining room, exercise room, TV room, movie rooms, pool, classrooms, ping pong, study rooms, a library, computer lab, and many, many, many more rooms! Each guest bed will be made up prior to arrival with a mattress

pad, sheets, pillow, pillow case, duvet, duvet cover, and a towel.

Dalkeith House also has rules related to safety, security, care of house and grounds, and the use of alcohol. You will be expected to adhere to these rules while at Dalkeith House. Dr. Battalio will make you aware of these rules and you will also review them during orientation at Dalkeith House. During your time at Dalkeith, breakfast is included, and dinner on the 31st.

Placement. After your brief stay at Dalkeith House, you will move to your placement. You will have a homestay with a school personnel's family. You can expect to be quite comfortable during your stay in Scotland. Scottish homes have all the modern comforts. You will have a guest room with a bed and linens provided. During your two-week placement, breakfast and supper will be provided by your host family. Lunches are your own responsibility.

University of Aberdeen. You will be housed in on-campus accommodation with other UWEC participants. You will be sharing an apartment style dorm room in which you will have your own bedroom. There is a shared living area, kitchen, and bathroom. Housing is mixed gender. Breakfast is provided. However, you will be living in self-catered halls and are responsible for purchasing and cooking your other meals.

Weekend in Edinburgh. You have an extended weekend in Edinburgh from June 28 evening-June 30. You will have a selection of activities from which to choose such as, Edinburgh Castle, Linlithgow Palace, or Stirling Castle.

Highland Trip. During the evenings you will be staying at low-cost hostels. Most hostels have shared rooms with a common shower and toilets area. Breakfast and lunches will be provided

while on the Highland Trip, but you are responsible for paying for all your evening meal.

Common Scottish and English meals

- Cornish Pasty- pastry filled with vegetables and minced beef.
- Fish and Chips- Fried fish served with fries. Depending on where in Scotland you are they will ask if you would like vinegar or salt or both. You will also find a variety of toppings people put on just chips such as doner or curry.
- Shepherd's Pie- Lamb pie cooked in a casserole with a layer of toasted mashed potatoes.
- Bangers and Mash- Sausages & mashed potatoes
- Yorkshire Pudding- Popover served alongside roast beef with gravy on top.
- Cadbury Chocolate- An absolute must.
- Doner- Found at the kebab shops. We call them gyros.
- Fried Milky Way Bars! - Almost anything can be found fried- just check out the menu at the nearest fish and chips shop.

Background Check

The U.K. is quite strict about requiring background checks for anyone that works/volunteers in schools. You will be required to fill out the Disclosure Scotland Document for a background check. This document will be sent to your home school. You will need it in order to observe in the schools.

COMMUNICATION

Information on accessing/forwarding your UW-Eau Claire email address is in your Study Abroad Handbook.

Time Difference

Scotland is six hours ahead of Eau Claire, WI.

Telephone Information

From the U.S. to Scotland: You must first dial 011, which is the international dialing code. Next, you must dial 44 to get Scotland, and then the rest of the number to reach a specific city and location.

From Scotland to the U.S.:

Dial 001-area code-number (1 pound gets you about 30 seconds!)

Because of the time difference, you may wish to set up a specific calling time with people at home.

Past Participants Calling Suggestions:

1) *Buy an international, pre-paid phone card along with a cheap cell phone. The cell phone company Carphone is a chain in the United Kingdom.*

2) *There might be phones already in your room accommodations but these usually must be used with a phone card purchased from your school.*

3) *Skype allows you to make a phone call through your computer at no charge. If you call a landline using Skype it is about \$.02 per minute. If you call someone who already has Skype on their computer it is free. Check out this Web site for complete information: <http://www.skype.com/>*

4) *Another option is WhatsApp, an app that allows you to communicate at no cost with anyone else, as long as you have a Wi-Fi connection. This is particularly helpful when communication with others in the group from hostels, airports en route, restaurants, cafes or museums.*

Dalkeith House

There are no telephones in the student rooms; your callers can call at the student pay phone.

1st floor pay phone: 011-44-131-660-4065

Because many students share these numbers, and you want to be sure you are waiting at the proper phone, you will most likely want to set up a specific time to receive calls.

How to Use House Pay Phones: All of the phones are new and VERY expensive. Please do not write on them, and let the staff know if you have any problems. They are touch-tone, so most calling cards should work. To operate:

1) Pick up hand set

2) Dial number

3) Drop in money after the person on the other end has answered. (If leaving message on an answering machine, wait until the beep to drop your coins.)

4) There will be 4 beeps; this indicates you are calling from a pay phone.

Calling Suggestions: 1) Pre-paid phone cards work very well. Get them at WHSmith, located in Dalkeith by the stoplights. 2) Collect calling is VERY expensive if the call is accepted. Set up a system to have the person you are calling decline the call and call you right back at a pre-arranged number. 3) If you do not set up a specific time to be by a phone, it is much easier for you to call others than for them to call you. 4) There is NO answering machine in the house.

Placement/host family

You should not assume access to your host family's phone. In Scotland, people pay for local and long distance calls. If you would like to make a local call, ask your host family if you can use the phone. If they agree, please pay them for the call. If you would like to make a long distance or international call, you should ask your family for permission and explain that you will use a pre-paid phone card. If they say yes, make the call using your pre-paid phone card.

E-mail

Dalkeith

At Dalkeith, you will have Internet access. You will be given a wireless password when you

arrive at the house. There are only a couple of desktop computers as most students use their personal laptops. In an emergency, Dr. Battalio may lend you her laptop.

Placement

E-mail access is not guaranteed. Depending on your housing placement and school requirements, access to email may or may not be permitted. You will need to discuss this with your host family. Internet cafes are common in European cities, so you may choose to use this option if it is available near you.

U of Aberdeen

All students should have visitor access to the University of Aberdeen network during your stay.

Snail Mail

International airmail usually takes 7-10 business days at least! Given that you will move every couple of weeks during the course of the program, we do not recommend that your family mail you anything as there is a very strong chance that you will have moved by the time a letter or package arrives. For this reason, we have not provided any mailing address.

Language and Lingo

As you all know, they speak English in Scotland. Don't let that fool you, though. Many words can mean something quite different from what you are used to. The different words and accents might be a bit confusing at first, but this guide will help you get the hang of it! You can also check out this website: <http://septicscanpanion.com/>.

Biscuits	Cookies
Cashpoint	ATM
Cheers/Ta	Thanks
Chips	French Fries

City Centre	Downtown
Crisps	Potato Chips
Dinner	Lunch
Fag	Cigarette
High Street	Main Street
Holiday	Vacation, trip
Jumper	Sweater
“p” (“pea”)	Pence (1/100 of a pound)
Pants	Underwear
Queue	Line (stand in line)
Revise	Study (for an exam)
Tea time	Dinner time
Trousers	Pants
Trainers	Sneakers
Yank	American

Past students report that it takes some time to understand Scottish accents. Get a head start by listening to Scottish radio on-line at <http://www.bbc.co.uk/scotland/radioscotland/>

Where am I going? UK, Great Britain, or Scotland?

You are actually going to all three simultaneously. The United Kingdom is a country that consists of Great Britain and Northern Ireland. In fact, the official name of the country is “United Kingdom of Great Britain and Northern Ireland.”

Great Britain is the name of the island northwest of France and east of Ireland that consists of three somewhat autonomous regions: England, Wales and Scotland. Therefore, Scotland is part of Great Britain, which is part of the United Kingdom. The U.K. includes England, Wales, Scotland, and Northern Ireland.”

<http://geography.about.com/library/faq/blqzuk.htm>

CONTACT NAMES & ADDRESSES

GENERAL UW-EAU CLAIRE & CISI CONTACT INFORMATION IS IN YOUR STUDY ABROAD HANDBOOK.

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***Dr. Battalio will have a cell phone in Scotland. She will provide the number

Art Brandt

Special Education

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UW-Eau Claire After Hours Numbers

(715)839-4972 or (715) 577-9045

In an after-hours emergency, please call University Police at (715) 577-9045. Calls can be made to this number 24 hours a day. You may get an answering machine; however, an

officer is alerted as soon as you have left your message. Be sure to give the officer the phone number you can be reached at, as well as what type of assistance you require.

DALKEITH HOUSE

Patty Watters, Resident Director of Operations

Wisconsin in Scotland

Dalkeith House

Dalkeith, Midlothian

Scotland EH22 2NA, United Kingdom

PH: 011 (44) 131-663-5632

(as dialed from the U.S.)

Email: patty.watters@googlemail.com

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emergency contact and/or parents.**

