

University of Wisconsin-Eau Claire

Study Abroad

Faculty-Led Immersion



PUBLIC HISTORY IN GREAT BRITAIN

SUMMER 2019

Program Guide

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CONGRATULATIONS on being accepted to the UW-Eau Claire study abroad program: Public History in Great Britain during Summer 2019! Living and studying in a foreign culture is both an exciting and a challenging experience. Past participants of study abroad report that the many advantages of international study include:

Building upon existing foreign language skills
Gaining new perspectives on a chosen academic field
Increasing understanding of different cultures
Enhancing personal development
Developing different perspectives on U.S. culture
Gaining self-confidence and independence
Learning skills for the future international job market

It is up to you to determine how you can best benefit from these possible advantages. This is your adventure!

This program guide is to be used together with the Faculty-Led Study Abroad Handbook that you also received prior to orientation. The Handbook has information that is valid for all study abroad programs. This guide will provide you with specific information for the Public History in Great Britain summer program. It is designed to complement the SA Handbook, study abroad orientation, and your individual pre-departure preparations.

Please realize that, although this guide contains all of the information available at the time of printing, it is impossible for any single resource to answer all of your questions. Please contact the Intercultural Immersions staff and/or your faculty leaders with your specific questions. You should also make use of the additional written and web resources listed towards the end of this guide.

Basic questions only you can answer include:

- 1) What are YOUR goals for this experience? Common goals of student travelers include advancement in a future profession; desire to expand personal and academic horizons; need for a change; wish to challenge oneself with immersion in a new culture.
- 2) Given the way the program is set up, how can you best prepare to meet your goals? For example, if one of your goals is truly being immersed in British culture, yet you are going to Great Britain with a group of Wisconsin students, how can you ensure that you get out and interact with the local population?

The information in this guide was current at the time of printing, though changes may occur at any time.

GENERAL INFORMATION

The Program

This four-week program will be led by **Dr. Louisa Rica** and **Dr. Patricia Turner**. This exciting historically focused program will begin in London and then take you on a comprehensive immersion through many regions within Great Britain.

After getting settled in London, you will then move on to one of UW-Eau Claire's partner institutions, Winchester University in Winchester, England. You will then proceed to Cardiff, Wales, followed by Liverpool, England, historic Edinburgh, Scotland, and finally returning to Winchester to complete your four-week immersive experience.

The Immersions Office is your administrative home for students on the Great Britain-Public History program. You will find contact information for the coordinators and the faculty leader(s) at the end of this guide.

The Locations

This course will begin in London, England—the capital of the United Kingdom (more on this later...) and a city steeped in history with countless world-class museums and historical sites, providing an engaging entrée into British public history. The historic University of Winchester (England) is a long-standing partner institution of UW-Eau Claire provides access to venerated spaces in the English countryside such as Stonehenge. Cardiff is the capital of Wales and home to an incredible mix of castles and cathedrals. Liverpool is an old mercantile city built on trade and industry—of which the slave trade played an essential role in its economic

success. Edinburgh is the capital of Scotland— noted for its iconic castle that overlooks the city.



Program Calendar

June 2	Students depart from USA
June 3	Students arrive at Heathrow Airport, London
June 3-9	London
June 9	Travel to Winchester, England
June 9-14	Winchester
June 14	Travel to Cardiff, Wales
June 14-17	Cardiff
June 17	Travel to Liverpool
June 17-21	Liverpool / Birkenhead
June 21	Travel to Edinburgh, Scotland
June 21-25	Edinburgh
June 25	Return to Winchester
June 25-29	Winchester
June 29	Program ends / Depart Winchester

ACADEMICS

There is additional information on academic topics such as registration, class attendance,

credits and course load, grades, and transcripts in your Study Abroad Handbook.

Program Prerequisites

To participate in this study abroad program, you must be **in good academic standing and have the minimum 2.3 GPA required**. We check grades at the end of the semester prior to departure. If you are on probation, we will need to check with the faculty leader to see if you will be allowed to participate. If you have been suspended, you will not be allowed to participate in the program.

Pre-departure Orientation & Coursework While Abroad

Attendance at the March 16th orientation is required. There will be 2-3 other mandatory meetings in the spring, and times and days will be announced by your Faculty Leader. You will be doing some reading, throughout spring semester.

Upon successful completion of the program, you will earn 3 credits of **HIST 401 / 601 Public History in Great Britain**. The course meets GE-IVC and fulfill 3 credits of the Foreign Language/Foreign Culture requirement. It also meets LE categories R2 (Global Perspectives) and R3 (Civic and Environmental Issues)(Please note that students doing B.A., B.F.A and B.M. degrees in the College of Arts & Sciences must fulfill the FL/FC requirement by completing the equivalent of two semesters of a foreign language.)

You will complete assignments while you are traveling that require working individually and in groups. The focus of the course is historic interpretation and Britain's diverse pasts. As you visit museums and historic sites, you will analyze diverse perspectives of, or viewpoints on, past

events or historic developments. You will also learn about current issues surrounding historic interpretation in Great Britain. **Class attendance and participation in orientation, the spring meetings, and in-country lectures and excursions while in Great Britain is required of all students.**

Credits and Grades

Credits earned abroad on this program are considered UW-Eau Claire resident credits. The class you take abroad will count towards the total credits needed for graduation, **and the grade will be figured into your GPA**. You cannot take any credits pass/fail.

The UW-Eau Claire Faculty Leader will issue grades for the course using the usual UW-Eau Claire A-F grading scale. Grades are typically not available until late July after you have submitted your final assignment.

MONEY MATTERS

Information about how payments are made, when they are due, withdrawal/refund deadlines, financial aid, scholarships, budgeting, and ways to bring money abroad is in your Study Abroad Handbook.

Estimated Costs Paid to UW-Eau Claire

Tuition/Fees (WI res, 3 credits)	\$1,102
Program Fee	\$3,300
Application Fee	\$ 30
Total	\$4,432
FLIIE Funding	-\$2,000
Total Estimated Cost Paid to UWEC	\$2,432

The estimate is based on a Wisconsin undergraduate Wisconsin resident charge for

summer 2019. Minnesota students add reciprocity; non-residents will pay non-resident tuition; graduate/MBA students will pay graduate/MBA tuition.

Estimated Additional Costs

Meals	\$250
Personal expenses	\$300
Passport/Photos/Mailing	\$150
International Airfare (MSP to London)	\$1,400
Total Additional Estimated Costs	\$2,100

Total Cost Estimate

If you add up everything you will pay to UW-Eau Claire, and estimated additional costs, the total comes to **\$4,532 for an undergraduate UWEC student.** This cost is based on twelve student participants. **All costs are estimated and may change due to exchange rate fluctuations and/or participant numbers.**

Program Fee: What does it cover?

- In-country transportation throughout the program and between cities
- Cultural and academic visits to historical sites included in itinerary
- Housing at Winchester and at hostels in shared bedrooms for entire program
- Approximately one meal per day will be provided by the program
- International travel insurance with CISI

Souvenirs & Personal Travel

The amount of personal funds to cover souvenirs and personal travel will vary based on your shopping habits, off-program entertainment, personal spending habits, etc. We do not expect you will spend a lot on personal travel as you will have limited opportunities to travel during the

program—though you may have time after the official program dates to travel.

FLIIE Funding

This program is supported by Blugold Commitment Differential Tuition (BCDT) FLIIE Funding for undergraduate UWEC students. While students are encouraged to participate in multiple high-impact immersion programs, each student is eligible to receive BCDT funding for only one FLIIE experience. Graduate and non-UWEC students are not eligible to receive this funding.

Blugold Commitment funding is not able to cover costs of tuition, but will include \$2,000 per student toward the program fee in 2019.

Program Refunds from UW-Eau Claire

The \$30 application fee is non-refundable. The \$150 deposit is non-refundable except in the case of a documented medical or family emergency.

The withdrawal deadline for the program is March 1. No refunds are available after March 1, and if you withdraw after March 1, you will be required to pay all program costs and any funds already committed on your behalf, up to the full program cost. All withdrawals must be in writing.

Undergraduate students who withdraw will lose their FLIIE funding. As such, they will be expected to pay ALL non-refundable program costs paid to UW-Eau Claire. For example, the FLIIE funding covers about \$2,000 per student. However, a student who withdraws after the refund deadline would be responsible for paying the \$3,300 estimated cost, which is the true cost of the program without BCDT funding. Blugold funding is based on student enrollment and can only benefit students actually participating in the program.

Currency Exchange

The exchange rate as of February 2019 was £1.00 British Pound = \$1.31 in US dollars. You can find current exchange rates at <http://www.oanda.com/currency/converter/>

Credit Cards

In addition to the information on credit cards in your *Study Abroad Handbook*, you should be aware that **credit cards might not be as widely accepted in Great Britain as they are in the U.S.** Only major stores, tourist hotels, and travel agencies are likely to take them.

ATMs: Credit/Debit Card Use

24-hour ATMs are plentiful in the large cities you will be traveling to. The most commonly accepted U.S. credit cards is Visa. You can also withdraw cash (in British pounds) as soon as you land at the airport. You should compare the international transaction fee charged by your bank. The fee can range from 1-3% and there might also be a fee charged for using that ATM. Some travelers have reported ATMs snatching back money if you don't remove it within around 30 seconds; others have reported having to wait 30 seconds or more for the funds to be released from the machine.

Traveler's Checks

With the increased global presence of ATMs over the past several decades, traveler's checks have fallen into disuse. Do not bring traveler's checks as they will be difficult to cash and increasingly few places aside from major banks accept them. Instead, use debit cards to take out money in the local currency.

FINANCIAL AID

In addition to the Financial Aid information in your Study Abroad Handbook, you should be aware of this information specific to the Great Britain program.

To receive summer financial aid, you **must be enrolled for at least six credits** during the 11 week interim/summer period. Public History in Great Britain students earn three credits on the seminar.

At three credits, you are considered "less than half-time". Consequently, room and board expenses cannot be considered in your financial aid budget. Less than half-time students are also not eligible for a Direct Ford Loan, but they may be considered for a Perkins Loan.

If financial aid eligibility is an important factor in your study abroad budget, **you may wish to enroll for an additional three or more credits on campus during the 2019 summer session.**

With at least six credits, you have "half-time or more" status for aid. Room and board can then be considered in your budget, and you may be eligible for a Direct Ford Loan. Visit the Financial Aid Office if you have questions about summer financial aid for study abroad.

HEALTH & SAFETY

In addition to the general information in the Study Abroad Handbook, you should be aware of the following health & safety information specific to the U.K.

Immunizations

The CDC recommends that travelers to Great Britain discuss several routine vaccinations with a doctor at least four-six weeks prior to travel. You can find the list of vaccinations here:

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/united-kingdom>

There are very few required vaccinations for travelers anywhere in the world. Requirements can only be placed by the government of the particular country, and because such requirements often discourage tourists, governments are reluctant to establish them. CDC recommendations should be taken very seriously. However, since many of the recommendations depend on the type of travel you anticipate doing, or the length of time you are staying, you need to meet with a doctor to determine what's best for your individual situation.

UW-Eau Claire's Student Health Services offers immunizations (IG, tetanus, Hepatitis B, etc.) and health education on international travel for a small fee. Tel. (715) 836-5360.

Often, your health insurance will cover the cost of immunizations. **If your immunizations are not covered by your health insurance and you receive financial aid, you can meet with the Office of Financial Aid to inquire if these can be added to your total financial aid budget.**

BSE (Mad Cow Disease)

In some parts of the world, cattle can get an infectious, fatal brain disease called Mad Cow Disease. In these same locations, humans have begun to acquire a new related disease that is a variant of Mad Cow called Creutzfeld-Jacob Disease (vCJD)—also a fatal brain disease. Scientists believe that vCJD is a form of Mad Cow Disease that has somehow transferred to humans, possibly through the food chain.

As you may be aware, Mad Cow Disease has been present in Britain for quite some time. The

general advice if you are concerned about Mad Cow is (1) avoid beef and beef products altogether, or (2) select beef or beef products that are solid pieces of muscle meat versus brains or beef products such as burgers and sausages. You can find more information at <http://www.cdc.gov/prions/bse/>.

The American Red Cross has indicated that they will restrict the donation of blood in the United States from people who have spent (visited or lived) a cumulative time of three months or more in the United Kingdom (UK) from January 1, 1980, through December 31, 1996, or had a blood transfusion in any country (ies) in the (UK) from January 1, 1980 to present. Please note that these restrictions may change as more is known about Mad Cow Disease in humans. If you have question or concerns about your ability to give blood now or in the future, please contact the [American Red Cross](#).

Prescriptions-Allergy Shots

Please note that allergy shots are generally not recommended by physicians in the U.K. and it will be difficult to find anyone who will prescribe or administer them.

Intro to the British Health System

You may be aware that the British health system does not have a very good reputation in the U.S. The system is actually very good; however, it operates under a different set of assumptions from the U.S. health system. U.S. students and their parents need to be aware of some of the major differences between the U.S. and British health systems.

1) The British system is set up to favor those typically most in need of medical treatment: infants/children, pregnant women, and the

elderly. People in the traditional university age range are expected to be low users of the health system except in the case of accidents or serious illness.

2) In Britain, **medical professionals do not consider a common cold/sore throat to require medical attention.** Being sick with a cold for three-four days is considered normal at times and of no major concern in a person of college age.

3) **Antibiotics are very rarely prescribed in Britain.** British doctors point to research that shows that frequent use of antibiotics leads to mutation in germs, rendering the antibiotics useless. Antibiotics are therefore used to treat severe illness. If you use antibiotics regularly, you may wish to bring them with you.

Emergency Contacts

General emergency procedures are described in the *Study Abroad Handbook*, and the UW-Eau Claire faculty member will be available for consultation if difficulties arise. You will receive an emergency contact card at orientation with her cell phone number; be sure to keep it with you at all times. The information is also on the last page of this guide.

Safety in Great Britain

One thing to remember about safety in Great Britain is that they drive on the opposite side of the road, so **LOOK RIGHT!!** before crossing the street.

Detailed information on crime, road safety, drug penalties, and terrorist activity in the U.K. is included in the [State Department Consular Information Sheet](#). It is highly recommended that you read through that information carefully before travel to the U.K. Safety will be discussed during orientation in Great Britain.

Sexual Harassment & Assault

Harassment: Female travelers have reported everything from staring, lewd and suggestive comments to catcalls, and groping. Often these incidents occur in crowded areas such as market places, bus/train stations, and public streets.

Assault: Crimes against women including rape have also been reported in various countries in Europe. Suggestions to maintain stringent security precautions include:

- Avoid public transport after dark without the company of known and trusted companions.
- Restrict evening entertainment to well-known venues.
- Avoid isolated areas any time of day.
- Keep your hotel room number confidential.
- Lock your hotel room and use deadlocks/door chains while in your room.
- Hire only reliable cars and drivers. Avoid traveling alone in cabs at night.
- Keep conversations with unknown men short—getting involved conversations with unknown men can be interpreted as a sign of sexual interest.

REQUIRED DOCUMENTS

Passport and additional visa information is included in your Study Abroad Handbook.

Passport

General passport information is found in your *Study Abroad Handbook*, but you will need a valid passport with an expiration date more than six months after the end of the program.

Visa for the U.K.

A visa is official permission to temporarily reside in another country and is granted by the government of that country. The Immersions Office will provide you with information regarding entry requirements and visa regulations. **However, it is ultimately your responsibility to keep up-to-date about visa requirements for your host country.** For U.K student visa information and updates visit: <http://ukinusa.fco.gov.uk/en/visiting-uk/visas>.

Effective March 31, 2009; individuals entering the U.K. to study are subject to new immigration requirements. U.S. citizens studying in the U.K. for a maximum of six months may enter the U.K. to study under two categories of visas: (Non-PBS) Student Visitor or PBS Tier 4 Student Visa.

Student Visitor Visas

As you are participating in a study abroad program sponsored by a U.S. institution, you can only enter the U.K. under the **Student Visitor Visa**. This category is for students who are 18 years or older who wish to study in the U.K. for 6 months or less. Under this category, students may not work (including internships, work-placement, or work-study, volunteer work, or any type of practical experience).

Students are not allowed to switch their status or extend their stay while in the U.K. **The U.K. does not require U.S. nationals to obtain a student visitor visa before arriving in the U.K.** However, they must be prepared to show the following documents to the Immigration Officer at the airport:

1. A valid U.S. passport that will NOT expire while you are in the U.K.;
2. Acceptance to a course of study at an accredited educational establishment.

The Immersions Office will provide you with a letter documenting your participation in a study abroad program **within one month of your departure.**

3. Proof of the necessary funds to pay for your course fees and support yourself for the entire period you intend to stay. The Immersions Office will also provide you with this letter stating that tuition, room, and fees were paid prior to departure. **You will receive this letter within one month of your departure.**
4. **Proof of onward journey.** You must demonstrate your willingness to leave the U.K. once your program of study is completed by showing return tickets or an itinerary containing your name and travel information.

Upon satisfying the Immigration Official, you will receive a Student Visitor stamp / endorsement in your passport when you present your documents. **If you travel outside the U.K. during your course of study, you must show the Immigration Officer your Student Visitor stamp/endorsement and the acceptance letter when re-entering the U.K.**

For more information, please visit the UKBA site: <http://www.ukba.homeoffice.gov.uk/visas-immigration/visiting/student/>

Special note on arriving via Ireland. The U.K. Border Agency indicates that **students arriving in the U.K. via Ireland should actively seek out an Immigration official upon arrival in the U.K.** to ensure that their passport is stamped with the Student Visitor stamp/endorsement. **An Immigration Officer will NOT be present when students arrive in the U.K. via Dublin or other Irish cities.** As such, students will not

receive a stamp in their passport and will only be deemed to have three months leave to stay in the U.K. as a visitor. Visitors cannot switch to student status if they enter as a tourist. **Therefore, to avoid this problem, you must not enter the U.K. via Ireland.**

If you are NOT a U.S. citizen, visit: <http://www.ukba.homeoffice.gov.uk/visas-immigration/do-you-need-a-visa/> to find out if you need a visa and to download an application form if you do.

Visas for Travel to Other Countries

If you plan to travel outside of the U.K. after the program, verify visa requirements for each country you plan to visit by contacting the nearest consulate for that country, or your travel agency. Most Western European nations do not require U.S. citizens to have a visa for tourist travel of less than three months.

PACKING TIPS

In addition to the general packing information in the Study Abroad Handbook, you should know the following about Great Britain.

Clothing & Weather

We recommend that you **pack light**, bringing comfortable casual clothing and good walking shoes. In June and July, average temperatures range from 50° to 75°F. Summers in Great Britain (particularly in Scotland!) are notably cooler than summers in Wisconsin. You will **DEFINITELY** need a sweater or two and a light jacket. You should also expect rainfall.

You will be traveling together on trains that do not have a lot of space for luggage. You will need to carry everything with you on and off the train,

on public transits in the city, and up and down stairs at the hostel or hotels. Please make sure that you are ready and able to carry everything that you pack. Therefore, **pack light! All your belongings should fit into a two-wheeled suitcase or a travel backpack.**

Bring the minimum amount of clothes that you can mix and match and layer for both informal and formal occasions and for the variation in temperatures. You should plan to wear the same clothes more than once (or twice)! Related, please do not worry about fashion. The group will all be wearing the same clothes over again. But **plan for all types of weather**. Bring an umbrella and a jacket as well as clothes that are comfortable in warmer weather. You can do laundry in London. Or, if you bring old clothes that you decide not to bring home, you will have more room in your bag for souvenirs!

Also, you might want to be a bit more formal than you might normally be around campus. Most people in Europe dress up a bit more. Most Europeans do not wear short shorts. They usually consider sweatshirts to be extremely informal unless they are really stylish ones.

Other Items to Pack

The following is a partial list of recommended items to pack:

- **Shoes and Socks:**
 - Flip-flops for showers
 - Good walking shoes. Make sure all shoes are well broken in!
 - Socks: so you can stay warm when the temperature cools in the evening.
- **Sleepwear:**
 - Lightweight bathrobe and / or pajamas: something you can wear going down the hall from your room

to the bathroom, since you will rarely have a private bathroom in the hostels / hotels.

- **Daily Necessities:**

- Basic over-the-counter medications you typically use for headache or digestive disturbances.
- Sunscreen
- Band-Aids
- Any prescription medication, in its original container
- Clear, legible copies of prescriptions, with generic name of the drug, for any medicine that you are taking
- Toilet paper (part of a roll, flattened)
- Day-pack (book bag) for short day trips
- Large plastic or cloth bag for dirty laundry
- One lightweight towel and washcloths that dry quickly (hostels do not always provide them)
- Plastic ID holder is useful for multiple-use tram tickets etc. which need to be kept handy and pulled out quickly
- Plastic storage / sandwich bags for small articles

Appliances

The standard electrical current throughout Europe is 220 volts. U.S. appliances such as hair dryers and electric razors run on 110 volts—meaning that **if you plug a U.S. device built to function on 110 volts into an outlet with 220 volts of electricity, you will likely burn up your appliance.** Therefore, if you plan to bring any appliances, you will likely need a converter (that adjusts the amount of electricity entering the appliance) and a U.K.-specific plug adapter (to allow your device to fit into the electrical outlet in the wall). **Most electronics (such as cell**

phones) are equipped to handle 220 volts. You may also choose to simply buy the appliances you need in Great Britain—though the cost may be higher than what you are used to here in the U.S.

ARRIVING IN GREAT BRITAIN

Fox Travel

All students on faculty-led immersion programs sponsored through UWEC are required to purchase their international flights through Fox World Travel. Please contact a Fox World Travel agent (open 7:00am-5:30pm on weekdays) through one of the options below:

- Call toll-free 866-230-8787 (option 4)
- Email uwgroups@foxworldtravel.com with Group Code in subject line
- Give them **GROUP CODE 09UW3408**

Have ready:

- Name exactly as it appears on your passport
- Passport number and expiration date
- Credit card number to charge

Travel Arrangements

Travel arrangements are the responsibility of each student. We strongly recommend that you travel with a fellow program participant—a travel companion can make arrival in a new country safer and much less intimidating! You will have the opportunity to discuss travel arrangements with your fellow study abroad participants during orientation.

Students should fly into London Heathrow Airport. Your Faculty Leaders will meet students at the Kent Hall Hotel June 3 (this means leaving the U.S. on June 2) **You should**

book a flight that arrives into London Heathrow by 1pm on June 3rd, and you are expected to meet your faculty at the hotel by 3pm. Once you have bought your ticket and have received your itinerary, send your itinerary to the Immersions Office prior to departure.

If you are returning to the US on June 29, plan for your flight to depart after 1pm as you will need to travel from Winchester to London Kings Cross Station, and then to the airport (about 2 hours journey).

Whenever you buy your ticket, be sure it has a low cancellation fee. UW-Eau Claire will not reimburse students for tickets should the program be cancelled. You may wish to purchase **travel or trip cancellation insurance** when you purchase your ticket, in case your plans change unexpectedly. Discuss your options with your Fox World travel agent and be sure you know exactly what the policy covers. Many policies are very restrictive in what they will reimburse.

Getting from Heathrow to the Kent Hall Hotel

The easiest way to get from London's Heathrow Airport to the Kent Hall Hotel is by taking the London subway system called the "Underground" or "The Tube." London Heathrow is connected to the Kent Hall Hotel via the Piccadilly Line. All you have to do is purchase a one-way ticket on the London Underground while you are in Heathrow Airport. The Underground will take you all the way from Terminal 2 or Terminal 3 at Heathrow to the Manor House underground station. You should exit the underground on the South West side, in order to walk along Seven Sisters Road with Finsbury Park on your right. The Kent Hall Hotel is located on Seven Sisters Road, less than a 5-minute walk to the Manor House underground

station, it is on the left side of the road, as the park is on your right. A one-way ticket on the Subway will cost you £6.00. Contrarily, a taxi from London Heathrow to the hotel would cost 70-80 pounds (\$90-\$100) and take MUCH longer due to heavy London traffic.

Once you find the London Underground ticket window, purchase your ticket to the Manor House underground stop (Approximately £6.00). Keep your ticket handy and get on the tube. Don't worry—you can't go the wrong way or get on the wrong train. Just settle back for a LOT of stops. In about 75 minutes you will arrive at the Manor House tube station. Exit the tube station by inserting your ticket in the turnstile.

You can find more information and a map at: <http://www.heathrowairport.com/transport-and-directions/underground>.

LODGING

During the program, you will stay at several different types of accommodations including the dorms at the University of Winchester, hostels and hotels while traveling. All costs for accommodations are included in your program fee which you will pay directly to UW-Eau Claire. The following list contains the names and Web sites of the hostels and hotels where the group will stay in summer 2019:

[London: Kent Hall Hotel](#)

June 3-9

[University of Winchester](#)

June 9-14 and June 25-29

[Travelodge in Caerphilly \(Just outside Cardiff\)](#)

June 14-17

Liverpool: Euro Hostel Liverpool

June 17-21

Dalkeith House (Outside of Edinburgh)

June 21-25

House Rules

Winchester and the hostels have rules that guests are expected to follow. Please read the rules when you check into your hostels and hotels. As a group, you agree to follow the "house rules" as guests of Winchester and the hostels. Thank you for keeping this in mind while on the program.

Rules often include quiet hours, no smoking, and restriction of alcohol and/or food in rooms or on the premises, to name a few. You will be responsible for paying for any damages or fines incurred.

MEALS

Roughly one meal per day will be included as part of the program. Housing at Winchester includes a small kitchen for everyone to use.

Common Foods Found in Great Britain

- Cornish Pasty: pasty filled with vegetables and minced beef.
- Fish and Chips: Fried fish served with French fries.
- You will find a variety of toppings people put on chips such as doner or curry.
- Shepherd's Pie: Lamb pie cooked in a casserole with a layer of toasted mashed potatoes.
- Bangers and Mash: Sausages and mashed potatoes
- Yorkshire Pudding: Popover served along roast beef with gravy on top.

- Cadbury Chocolate: An absolute must.
- Doner Kebab: Found at the kebab shops. We call them gyros. GREAT late night food!
- Fried Milky Way Bars!: Almost anything can be found fried—just check out the menu at the nearest fish and chips shop.

COMMUNICATION

Information on accessing/forwarding your UW-Eau Claire email address is in your Study Abroad Handbook.

Time Difference

The United Kingdom is six hours ahead of Eau Claire, WI.

Telephone Information

From the U.S. to Great Britain: You must first dial 011, which is the international dialing code. Then dial 44 which is the country code to get U.K. / Great Britain. Finally, dial the rest of the number to reach a specific city and location.

From Great Britain to the U.S.: Dial 001 + area code + number.

Phones at Hostel / Hotels: You should **not** expect to have regular phone access while traveling and staying at hostels/hotels in Cardiff, Liverpool, and London.

Students who have studied in the U.K. suggest these calling tips:

- 1) You can find some incredible deals on international, pre-paid calling cards. Though, be careful when choosing a calling card—there are sometimes hidden monthly maintenance fees that increase the price of that too-good-to-be true per

minute price. Also check out www.1stphonecard.com for a variety of phone cards that claim no connection fee.

- 2) Another option is WhatsApp, an app that allows you to communicate at no cost with anyone else through a Wi-Fi connection who has downloaded the WhatsApp app. This is particularly helpful when communicating with others in the group from hostels, airports, restaurants, cafes, or museums.
- 3) Skype allows you to make a phone call through your computer at no charge. If you call a landline using Skype it is about \$.02 per minute. If you call someone who already has Skype on their computer it is free. Check out this Web site for complete information: <http://www.skype.com/>.
- 4) (The Last Resort!) Collect calling is VERY expensive. Set up a system to have the person you are calling decline the call and call you right back at a pre-arranged number. Unless you have a prearranged time to talk, it is much easier for you to call others than for them to call you.

Email

You will have regular access to wireless internet in our Winchester accommodation, and often be able to access when we are traveling. Some hostels may have wireless available or be near internet cafes. Whether you bring your laptop is your own liability and decision. You will have to carry it with you through your travels.

Language and Lingo

As you all know, English is the native language spoken throughout Great Britain. Don't let that

fool you, though. Many words can mean something quite different from what you are used to. The different words and accents might be a bit confusing at first, but this guide will help you get the hang of it! You can also check out these websites: <http://septicscompanion.com/>

Biscuits	Cookies
Cashpoint	ATM
Cheers/Ta	Thanks
Chips	French Fries
City Centre	Downtown
Crisps	Potato Chips
Dinner	Lunch
Fag	Cigarette
High Street	Main Street
Holiday	Vacation, trip
Jumper	Sweater
Quid	Pound
(as in money: similar to use of "buck" for dollar)	
"p" ("pea")	Pence (1/100 of a pound)
Pants	Underwear
Queue	Line (stand in line)
Revise	Study (for an exam)
Tea time	Dinner time
Trousers	Pants
Trainers	Sneakers
Yank	American
"zed"	the letter "Z" ("zee")

Where am I going? U.K., England, or Great Britain?

You are actually going to all three simultaneously. In fact, "the United Kingdom is a country that consists of Great Britain and Northern Ireland. In fact, the official name of the country is "United Kingdom of Great Britain and Northern Ireland."

Great Britain is the name of the island northwest of France and east of Ireland that consists of three somewhat autonomous regions: England, Wales

and Scotland. Therefore, England is part of Great Britain, which is part of the United Kingdom. The U.K. includes England, Wales, Scotland, and Northern Ireland.”

<http://geography.about.com/library/faq/>.

For a more in-depth, yet entertaining, explanation of the differences between these regions, visit:

<https://www.youtube.com/watch?v=rNu8XDBSn10>

If you want to learn more about British culture, visit the following Web site:

<http://projectbritain.com/>.

Contact Names & Addresses

General UW-Eau Claire & CISI contact information is in your Study Abroad Handbook.

Be sure to print a copy OF this page and leave it with your emergency contact and / or parents.

UWEC FACULTY LEADERS

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Cell phone, when traveling: (715) 456-9490
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IMMERSIONS OFFICE

Dr. Jeff DeGrave
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degravjr@uwec.edu
Schofield Hall 17
Phone: (715) 836-4471
Fax: (715) 836-4948

UW-Eau Claire After Hours Numbers

(715) 839-4972 or (715) 577-9045

In an after-hours emergency, please call University Police at (715) 577-9045. Calls can be made to this number 24 hours a day. You may get an answering machine; however, an officer is alerted as soon as you have left your message. Be sure to give the officer the phone number you can be reached at, as well as what type of assistance you require.

BRITISH CONSULATE IN THE U.S.

British Consulate General-Chicago
625 N. Michigan Avenue, Suite 2200
Chicago, IL 60611
Phone: (312) 970-3800
Fax: (312) 970-3852

Website:

<https://www.gov.uk/government/world/organisations/british-consulate-general-chicago>

Please be aware that British Consulate in Chicago no longer offers visa processing services.

U.S. EMBASSY IN LONDON

The American Embassy
24 Grosvenor Square
London, W1A 2LQ
American Citizen Services:
Tel. In the U.K. **020-7499-9000**
Special Consular Services unit or
Passport Citizenship unit:
020-7499-9000 (main Embassy switchboard)
Web Site: <https://uk.usembassy.gov/>